

# SA Series

The Insight SA Series, a classic commercial selectorized strength collection, features nearly 40 models to fulfill diverse training requirements. Solid tubing and high-precision pulleys underscore its robust construction, while the seats boast high resistance to corrosion and wear. Scientifically calibrated equipment paths ensure a safe training experience, making the SA Series a cost-effective choice for commercial clubs and studios, designed with the professional environment in mind.



**SA001  
CHEST PRESS**

Dimension	1290*953*1566mm
Total Weight	192kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA002  
PECTORAL**

Dimension	1445*929*1566mm
Total Weight	245kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA003  
PECTORAL FLY/REAR DELTOID**

Dimension	1390*1310*2020mm
Total Weight	251kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA004  
SHOULDER PRESS**

Dimension	1402*1503*1566mm
Total Weight	232kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA005  
SEATED ROW**

Dimension	1273*1391*1566mm
Total Weight	206kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA006  
BICEPS CURL**

Dimension	1106*1143*1566mm
Total Weight	215kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA007  
DIP PRESS**

Dimension	1218*1656*1566mm
Total Weight	255kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA008  
ASSISTED CHIN/DIP**

Dimension	1724*1240*2135mm
Total Weight	277kg
Weight Stack	100kg
Max Weight Stack	125kg



**SA009**  
**ABDOMINAL/BACK EXTENSION**

Dimension 1033\*1333\*1566mm  
Total Weight 220kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA010**  
**ROTARY TORSO**

Dimension 1067\*1052\*1566mm  
Total Weight 215kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA011**  
**LAT PULLDOWN**

Dimension 1375\*1672\*1913mm  
Total Weight 267kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA012**  
**CABLE SEATED ROW**

Dimension 1132\*1288\*1566mm  
Total Weight 209kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA017**  
**MULTI HIP**

Dimension 1165\*1212\*1566mm  
Total Weight 251kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA019**  
**CALF RAISE**

Dimension 1178\*1158\*1656mm  
Total Weight 212kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA020**  
**HIP ABDUCTION/ADDUCTION**

Dimension 1643\*763\*1566mm  
Total Weight 245kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA021**  
**DUAL ADJUSTABLE PULLEY**

Dimension 2070\*1220\*2300mm  
Total Weight 409kg  
Weight Stack 100\*2kg  
Max Weight Stack 125\*2kg



**SA013**  
**LEG CURL**

Dimension 1589\*1100\*1566mm  
Total Weight 248kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA014**  
**LEG EXTENSION**

Dimension 1213\*1288\*1566mm  
Total Weight 235kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA015**  
**PRONE LEG CURL**

Dimension 1146\*1778\*1766mm  
Total Weight 254kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA016**  
**SEATED LEG PRESS**

Dimension 1215\*1930\*1766mm  
Total Weight 267kg  
Weight Stack 100kg  
Max Weight Stack 125kg



**SA022**  
**CROSSOVER CABLES**

Dimension 3602\*1465\*2390mm  
Total Weight 267kg  
Weight Stack 100\*2kg  
Max Weight Stack 125\*2kg



**SA023**  
**4 STACK MULTI-STATION**

Dimension 3350\*2098\*2329mm  
Total Weight 775kg  
Weight Stack 100\*4kg  
Max Weight Stack 125\*4kg



**SA023+SA024+SA023OPT**  
**5 STACK MULTI-STATION**

Dimension 5025\*3350\*2388mm  
Total Weight 1024kg  
Weight Stack 100\*5kg  
Max Weight Stack 125\*5kg



**SA023+SA023+SA023OPT**  
**8 STACK MULTI-STATION**

Dimension 6449\*4007\*2390mm  
Total Weight 1583kg  
Weight Stack 100\*8kg  
Max Weight Stack 125\*8kg



**SA024  
ADJUSTABLE PULLEY**

Dimension 1082\*1010\*2247mm  
 Total Weight 216kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA025  
LEG CURL/EXTENSION**

Dimension 1205\*1399\*1566mm  
 Total Weight 272kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA026  
LAT PULLDOWN/SEATED ROW**

Dimension 1997\*1233\*2239mm  
 Total Weight 240kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA027  
ABDOMINAL CRUNCH**

Dimension 1014\*1423\*1566mm  
 Total Weight 255kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA034  
LATERAL RAISE**

Dimension 1179\*1159\*1566mm  
 Total Weight 233kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA035  
ISO CHEST PRESS**

Dimension 1519\*1357\*1566mm  
 Total Weight 251kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA036  
STANDING/SEATED ABDUCTION**

Dimension 1627\*689\*1566mm  
 Total Weight 220kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA037  
LEG CURL/EXTENSION**

Dimension 1101\*1385\*1566mm  
 Total Weight 271kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA029  
MULTI PRESS**

Dimension 1506\*1948\*1566mm  
 Total Weight 265kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA030  
ASSISTED CHIN/DIP**

Dimension 1214\*1504\*2310mm  
 Total Weight 255kg  
 Weight Stack 100kg  
 Max Weight Stack 100kg



**SA031  
LEG EXTENSION/PRONE LEG CURL**

Dimension 1153\*1578\*1566mm  
 Total Weight 228kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA032  
REAR KICK**

Dimension 1155\*1487\*1566mm  
 Total Weight 239kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA040  
LEG PRESS/HACK SQUAT**

Dimension 1982\*1038\*1786mm  
 Total Weight 353kg  
 Weight Stack 125kg  
 Max Weight Stack 125kg



**SA041  
MULTI PULLDOWN/ROW**

Dimension 1981\*897\*2104mm  
 Total Weight 239kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA043  
MULTI PRESS**

Dimension 1628\*1483\*1768mm  
 Total Weight 254kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg



**SA044  
BICEPS/TRICEPS**

Dimension 1379\*1146\*1566mm  
 Total Weight 215kg  
 Weight Stack 100kg  
 Max Weight Stack 125kg

**SA045  
HIP THRUSTER**

Dimension	1683*1367*1566mm
Total Weight	250kg
Weight Stack	100kg
Max Weight Stack	125kg

**SA054  
STANDING MULTI FLIGHT**

Dimension	1415*1025*1815mm
Total Weight	286kg
Weight Stack	100kg
Max Weight Stack	100kg