

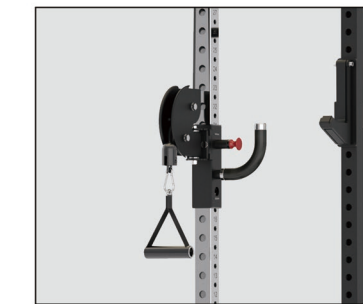
C Series

The Insight C Series Functional Trainer features an elegant and dynamic design with a variety of training accessories, embodying multifunctionality. Thoughtfully designed, it fits seamlessly into various home environments, catering to the needs of individual home users and small fitness settings.

C3 MULTIGYM



Equipment model	C3
Dimension	1615*1425*2015 (mm)
Total Weight	354kg
Weight Stack	80kg*2
Max Weight Stack	105kg*2
Main Function	Dual Adjustable Pulleys
	Power Rack Station
	Pulldown Station
	Row Station
	Landmine/Band Pegs/Battle Rope Kits
	- Optional Half Rack station -
Accessories	Long Handle, Short Pull Handle Assembly,
	Short Handle, Triceps Rope, Ankle Cuff,
	Lat Strap, 2 Single Handles



With 32 adjustable positions at 2-inch intervals, the highest position is 71 inches from the ground, and the lowest is 9 inches, allowing for flexible positioning based on training needs.

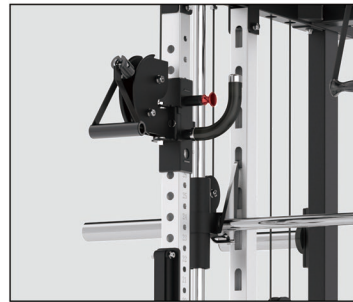


The multifunctional pull-up bar offers three different grips with a diamond knurling for effective slip resistance.

C5 MULTIGYM



Equipment model	C5
Dimension	1975*1612*2145 (mm)
Total Weight	436kg
Weight Stack	80kg*2
Max Weight Stack	105kg*2
Main Function	Dual Adjustable Pulleys
	Smith Station
	Adjustable Pulldown Station
	Row Station
	Half Rack Station
	Landmine/Band Pegs/Battle Rope Kits
Accessories	Long Handle, Short Pull Handle Assembly, Short Handle, Triceps Rope, Ankle Cuff, Lat Strap, 2 Single Handles



It offers 30 adjustable positions, with each spaced 2 inches apart. The highest setting reaches 71 inches above the ground, and the lowest is 13 inches above the ground.



The Smith training rack is adjustable with 16 positions, each spaced 4 inches apart. The highest setting is 76 inches above the ground, and the lowest is 17 inches above the ground.

C9 MULTIGYM



Equipment model	C9
Dimension	2090*1654*2104 (mm)
Total Weight	418kg
Weight Stack	80kg*2
Max Weight Stack	105kg*2
Main Function	Dual Adjustable Pulleys
	3D Smith Station
	Pulldown Station
	Row Station
	Landmine/Band Pegs/Battle Rope Kits
Accessories	Long Handle, Short Pull Handle Assembly, Short Handle, Triceps Rope, Ankle Cuff, Lat Strap, 2 Single Handles



With 31 adjustable positions at 1.6in intervals, the maximum height reaches 59in, and the minimum height is 11.5in, offering versatility for various training preferences.



The unit features dual-side dual-pin adjustments with 10 height options, spaced 6.4in apart, with the highest setting at 70in from the ground and the lowest at 12in, allowing for a wide range of workout positions.