

BR Series

A High-Intensity, High-Versatility Strength Series for Iron Gyms and Advanced Training

The Insight BR Plate-Loaded Series is purpose-built for iron gyms, professional training facilities, and advanced lifters who demand uncompromising performance and depth in strength training.

BR stands for Battle Ready—a state of readiness designed to withstand and deliver high-intensity training at any moment. With solid structures, clearly defined load paths, and uncompromising load capacity, the BR Series embodies restrained power—like a tiger coiled and ready to strike, strength held in reserve.

The series features an extensive lineup of up to 50 models, offering unmatched variety and flexibility for strength training environments. Through precisely engineered movement trajectories and a wide range of functional options, the BR Series delivers exceptional training versatility, engagement, and long-term value, making it an ideal choice for serious strength-focused facilities.



**BR7001
SEATED CHEST PRESS**

Dimension 1890*1870*1530mm
Total Weight 208kg



**BR7003
SEATED SHOULDER PRESS**

Dimension 1418*1600*1462mm
Total Weight 155kg



**BR7005
SEATED ROW**

Dimension 1630*1415*1540mm
Total Weight 166kg



**BR7019
LINEAR LEG PRESS**

Dimension 2415*1810*1425mm
Total Weight 295kg



**BR7027
SEATED HIGH ROW**

Dimension 1984*1519*2185mm
Total Weight 224kg



**BR7031
3D SMITH HIP THRUSTER**

Dimension 1757*1698*1362mm
Total Weight 187kg



**BR7036
HACK SQUAT**

Dimension 2311*1645*1528mm
Total Weight 254kg



**BR7037
SEATED LAT PULLDOWN CIRCULAR**

Dimension 1755*1423*2134mm
Total Weight 267kg



**BR7039
BELT SQUAT**

Dimension 2059*1647*1643mm
Total Weight 221kg



**BR7043
VERTICAL LEG PRESS**

Dimension 1807*2354*2078mm
Total Weight 248kg



**BR7044
ABDUCTOR**

Dimension 1655*1495*1615mm
Total Weight 184kg



**BR7060
ISO BENT OVER ROW**

Dimension 1755*1700*1640mm
Total Weight 176kg