

INDIVIDUAL PRODUCT DETAILS

BR7019 Linear Leg Press



1. Identity Card

Model	BR7019
English Name	Linear Leg Press
Primary Muscle	Quadriceps
Secondary Muscles	Gluteus Maximus, Adductors, Hamstrings

One-line Pitch

“Delivering an ultra-stable competitive experience for heavy lower-body training through multi-dimensional safety limits and ergonomic support systems.”

2. Product Overview

The **BR7019** is a premium plate-loaded machine engineered for lower-body strength development, featuring a robust exterior and solid structure ideal for professional strength facilities, athletic performance centers, and advanced strength zones within commercial fitness clubs. The oversized anti-slip footplate supports a wide range of foot placements and stances, enabling comprehensive training of the quadriceps, gluteus maximus, and adductors. An integrated anti-slip fold at the bottom of the plate enhances safety during calf raises. The ergonomically designed seat provides stable pelvic support while ensuring unrestricted hip mobility; combined with a 3-position adjustable backrest, it allows users of all sizes to find their ideal force-delivery posture. The machine features dual-sided 3-position start limits and a 3-position bottom safety stop, accommodating various leg lengths while ensuring a full range of motion and maximum safety. Ergonomically tested handle spacing and auxiliary grips for mounting/dismounting further refine the interaction experience during high-intensity sessions.

3. Key Features



Multi-Angle Lower Body Support

Oversized anti-slip footplate accommodates various stances for deep muscle activation, with a dedicated anti-slip fold for secure calf raise training.



Ergonomic Support System

The seat ensures pelvic stability and hip mobility, paired with a 3-position backrest to precisely match different body types and flexibility levels.



Dual Safety Protection Mechanism

Features 3-position start levers and 3-position safety stops, ensuring an ideal starting point and a safe range of motion for users of all heights.



Advanced Interaction Design

Integrated mounting and stabilizing handles enhance body stability and ease of access, improving focus during heavy lifting.

4. Main Parameters

Functional	Single Function
Dimensions (L × W × H)	2415×1810×1425mm 95"×71"×56"
Net Weight	295kg/650lbs
Starting weight without load	55kg/121lbs
Max Load Capacity	600kg/1323lbs
Bearing type	Cushion: spherical bearing
Linkage mechanism	NO
Main Frame Tubing	PT50×100×2.5mm
Arm Tubing	PT40×80×2.5mm J40×80×2.5mm