

INDIVIDUAL PRODUCT DETAILS

AE8003 Pec Fly/Rear Delt



1. Identity Card

Model	AE8003
English Name	Pec Fly/Rear Delt
Primary Muscle	Pectoralis Major, Posterior Deltoid
Secondary Muscles	Rhomboids, Trapezius
One-line Pitch	"Dual-function design for sculpted chest and rear delts, featuring adaptive adjustment systems for precise muscle engagement."

2. Product Overview

The **AE8003** is a selectorized strength machine specifically designed for pectoralis major and posterior deltoid training. Featuring precision aesthetics and compact, sculpted lines, it delivers dual efficiency in both space utilization and training intensity. The motion arms offer a "5+1" position adjustment, accommodating the requirements of both training modes while adapting to the individual shoulder flexibility of users during chest flies to ensure a full range of motion. The self-adjusting arm length automatically adapts to various arm spans for optimized training results. Dual-angle grips are integrated to suit both modes, helping users maintain the ideal posture for diverse training goals. The gas-assisted stepless seat adjustment allows users of all heights to find the perfect fit, ensuring precise alignment between the user's motion path and the machine's trajectory.

3. Key Features



Dual-Mode Motion Arm Adjustment

Matches the positioning requirements for both modes while adapting to various degrees of shoulder flexibility for effective range of motion.



Self-Adaptive Arm Length

Automatically adapts to the user's arm span, ensuring the pivot point remains comfortable without manual adjustment.



Dual Grip Angles

Specifically designed to match the gripping needs of both fly and rear delt modes, helping users maintain optimal hand positioning.



Gas-Assisted Stepless Adjustment

Accommodates users of all heights with a smooth gas-assisted system for precision alignment with the machine's biomechanical path.

4. Main Parameters

Functional	Dual Function
Dimensions (L × W × H)	1510×1300×2045mm 59"×51"×80.5"
Net Weight	180KG/397lbs
Weight Stack Options	105kg/231lbs
Maximum Weight Stack	117.5kg/259lbs
Maximum body weight	150KG/331lbs
Machine pulley ratio	1:1
Single-sided pulley ratio	1:2
Unilateral force ratio	1:1.5 Pec Fly 1:2 Rear Delt
Main Frame Tubing	J50×150×3.0mm J50×100×2.5mm
Arm Tubing	Φ60×3.0mm