

SA SELECTORIZED SERIES

SA035 - ISO CHEST PRESS



PRODUCT OVERVIEW

The SA035 is a selectorized strength machine specifically engineered for effective chest muscle training. Built with a robust frame and smooth pulley system, it ensures fluid motion and consistent resistance throughout each rep. The multi-grip handle system allows for a wide range of press variations—from wide to narrow grip, and from horizontal to vertical pressing—fully activating all areas of the pectoral muscles for balanced development in both size and definition.

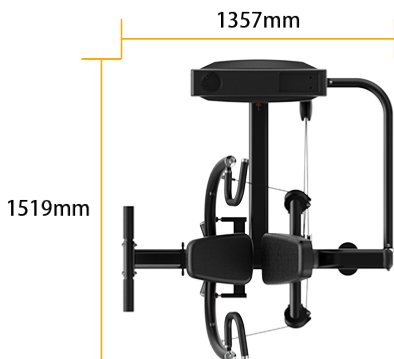
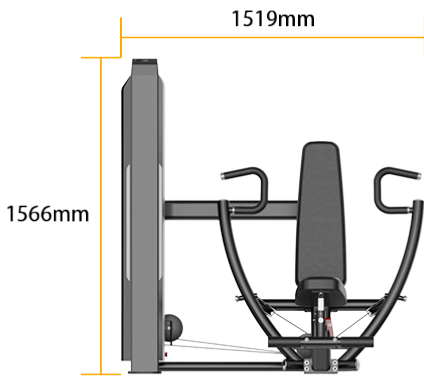
The dual-arm design features independent movement paths, closely following the natural biomechanics of chest muscle activation. This promotes isolated, symmetrical development of both sides of the chest while minimizing compensatory movements. The ergonomically designed back pad offers three adjustable positions to accommodate different body types, ensuring optimal starting position, full range of motion, and reduced stress on the shoulder joints for safer, more comfortable workouts.

The seat is height-adjustable in five positions, allowing users of various heights to maintain ideal posture and alignment with the movement arm. The fixed foot support provides a stable base during heavy presses, preventing equipment instability or tipping and enhancing training safety and intensity.

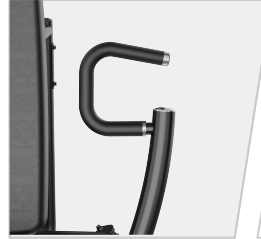
SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1519*1357*1566mm
Total Weight:	251kg
Weight Stack:	100kg
Max Weight Stack:	125kg



Product Features



Multi-Angle Grip Handles

Supports wide/narrow grip and various press angles to comprehensively activate all regions of the pectoralis major.



Independent Arm Movement

Follows the natural functional path of the chest muscles for better isolation and symmetrical muscle development.



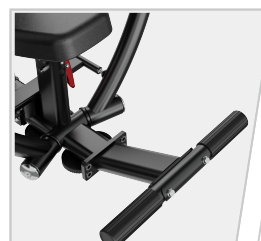
3-Position Adjustable Ergonomic Back Pad

Ensures proper start position and full range of motion for users of different body types while reducing shoulder strain.



5-Position Adjustable Seat

Provides precise alignment between the user's body and the machine path, accommodating different heights and training goals.



Fixed Foot Support

Offers secure and stable footing, preventing equipment tipping during heavy-load training and enhancing workout safety.