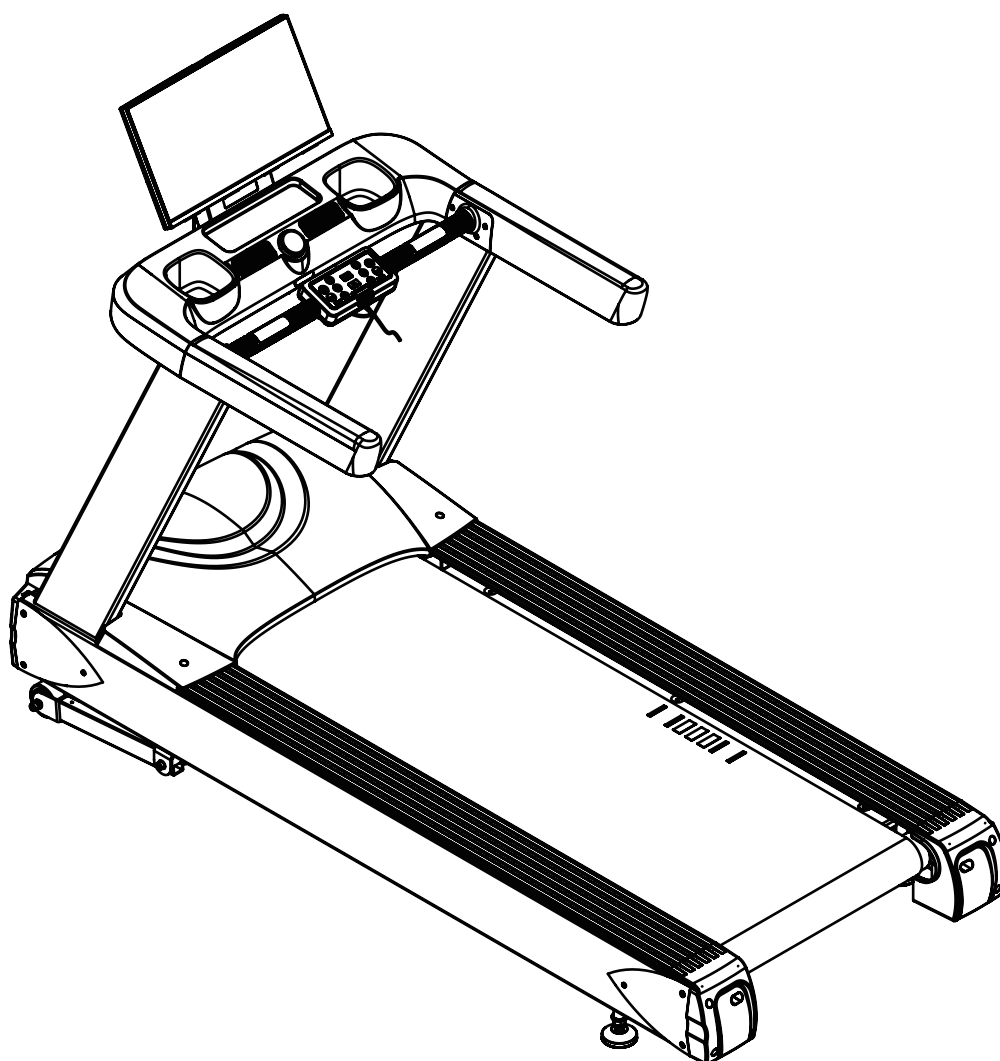


CT70

Treadmill

Owner's Manual



CAUTION!

Please read all precautions and instructions in this manual before using the equipment.

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The company reserves the right to interpret and correct printing errors in this instruction manual.

Attention Notes Precautions

PRODUCT MODEL:	CT70
PRODUCT CLASS:	SB
STANDARDS:	EN ISO 20957 - 1; EN ISO 20957 - 6
MAXIMUM NUMBER:	1 PERSON
PRODUCT DIMENSIONS:	2182mm×938mm×1607mm
MAXIMUM LOAD:	180KG
RATED WEIGHT:	190KG
RATED VOLTAGE:	220 - 240V, 50/60HZ
RETED POWER:	2.2KW
SPEED RANGE:	1 - 20KM/H
INCLINE RANGE:	0 - 15%



For maintenance, only our company's accessories may be used with this fitness equipment. To avoid unnecessary property damage, do not operate it beyond its intended scope. When in use, exercise caution and follow these rules.

Before using this equipment, read and fully understand the instructions.

Safe exercise.

- Consult your doctor and trainer before starting any fitness program.
- Proper warm-up is essential for safe exercise.
- Stop immediately and seek medical advice if you experience rapid heartbeat, dizziness, nausea, chest pain, or any discomfort during exercise.
- Control your workout intensity, maintain proper breathing, and avoid breath-holding to prevent injury.
- Individuals with health conditions or disabilities must obtain medical clearance and train under a coach's supervision.
- Those with cardiovascular diseases, hypertension, diabetes, or other conditions unsuitable for intense exercise must provide a hospital certificate.
- Lightweight users may trigger standby mode on high incline/low intensity; increase effort to resume tracking.

No Children Allowed

- Children are forbidden to use this equipment.
- Adolescents shall operate it under adult guardianship. Use of non - designated accessories is prohibited.

Attire

- Wear sport-appropriate clothing and sports shoes. Robes, chemical fiber clothes, slippers, high heels, etc., are prohibited to protect personal and equipment safety.

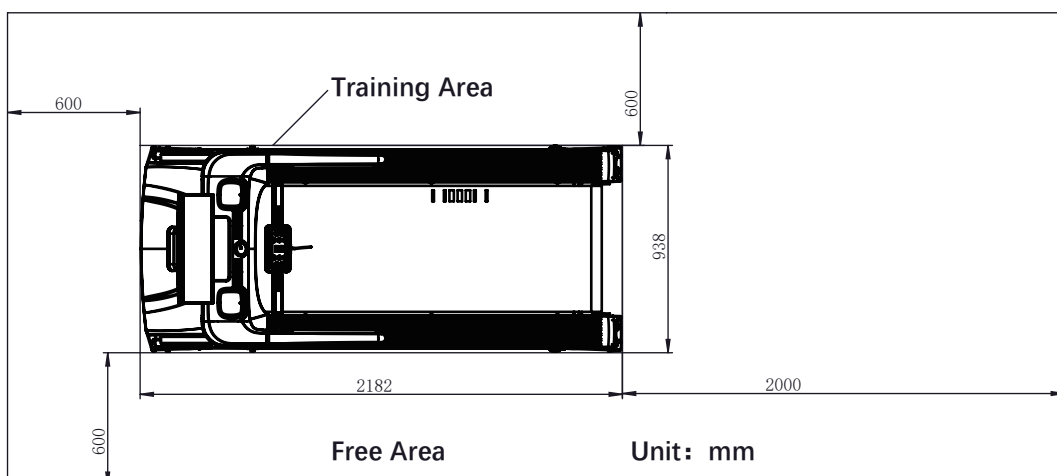
! Attention Notes Precautions

Equipment Usage

- Prior to use, identify all movable parts. Do not loosen or remove any components without authorization; keep head, limbs, and hair away from moving parts to avoid injury.
- To prevent accidents, thoroughly inspect for looseness or wear before use. If issues are found, contact the equipment manager and do not operate until professionally confirmed safe.
- Never use damaged, jammed, or entangled equipment. Handle with care during moving/relocating, maintaining balance.
- Prevent objects from falling into or being inserted into any openings.
- Maintain a minimum 2m×1m safety zone behind the equipment; avoid placing sharp/hazardous items nearby.
- Install and use on clean, flat, and stable ground. Keep away from damp/wet areas; outdoor use is prohibited.
- Do not modify, alter, or permanently remove any components.

Scope of Application

- This equipment is not intended for medical use. It is suitable for commercial venues such as fitness clubs and should be used under the guidance of a professional fitness trainer.
- This equipment is for designated use only. Do not perform actions beyond its intended scope.
- Do not use accessories not recommended by the manufacturer to avoid potential injury and damage. Use only as specified in this manual; other manufacturers' instructions are not valid.



Parts List

Note: Some parts listed in the table may have been pre - installed.

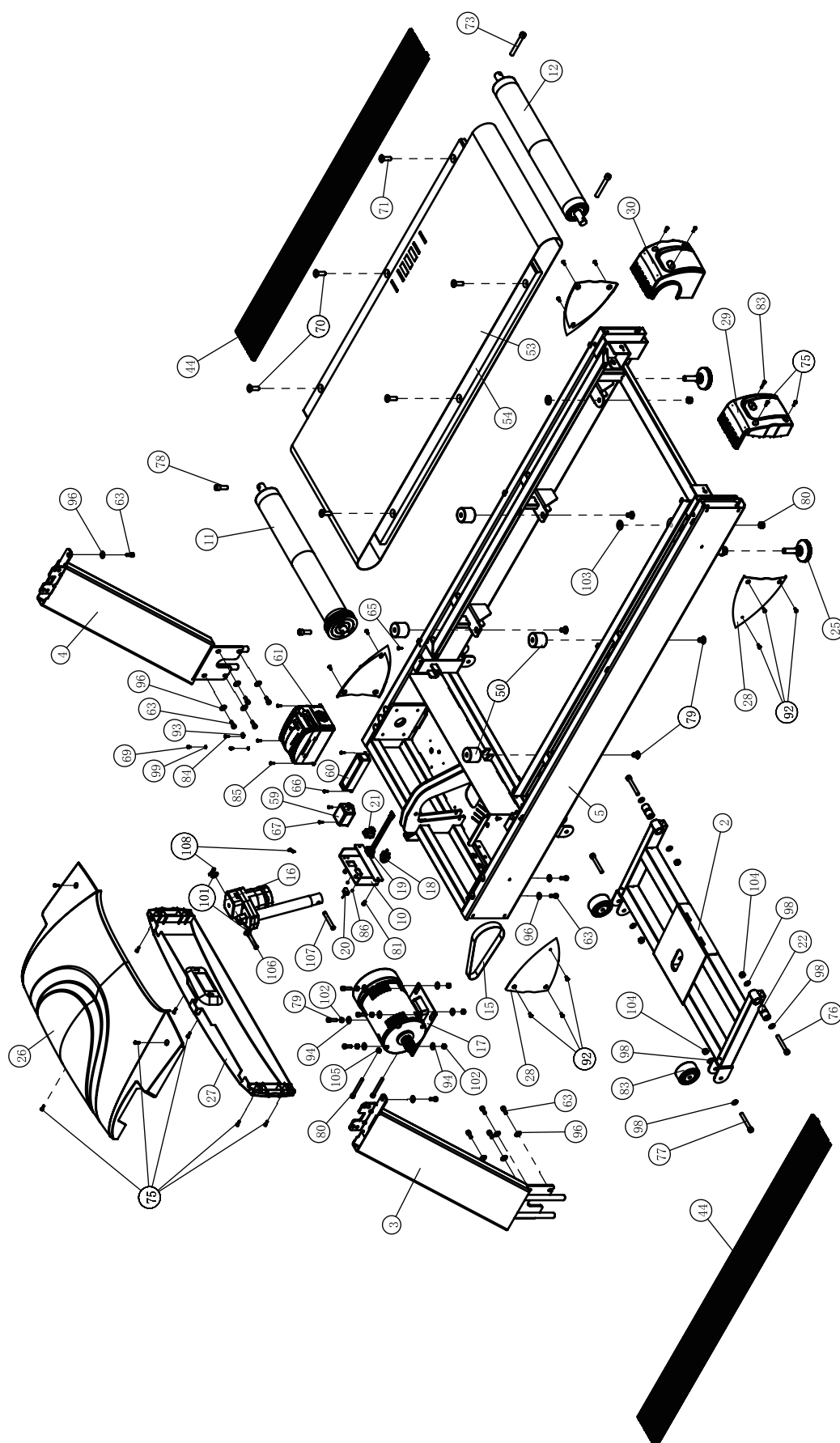
No.	Description	QTY	No.	Description	QTY
1	Main Frame Assembly	1	32	Middle Control Lower Shell	1
2	Lifting Frame Assembly	1	33	Left Armrest Decorative Cover	1
3	Left Upright Assembly	1	34	Right Armrest Decorative Cover	1
4	Right Upright Assembly	1	35	Face Shell Upper Cover	1
5	Front Handrail Assembly	1	36	Face Shell Lower Cover	1
6	Support Frame Assembly	1	37	Adjustable Fan Cover	2
7	Left Handrail Assembly	1	38	Decorative Upper Cover	1
8	Right Handrail Assembly	1	39	Decorative Lower Cover	1
9	Control Panel Frame Assembly	1	40	Emergency Stop Rope	1
10	Switch Fixed Seat Assembly	1	41	Emergency Stop Plug Cover	1
11	Front Roller	1	42	Emergency Stop Plug	1
12	Rear Roller	1	43	Emergency Stop Half Box	2
13	Running Belt	1	44	Edge Strip	2
14	Running Board	1	45	Handlebar Cover	2
15	Multi - Rib Belt	1	46	Upper Cover of Handgrip Pulse	2
16	Lifting Motor	1	47	Lower Cover of Handgrip Pulse	2
17	AC Motor	1	48	Left Armrest	1
18	Overload Current Protector	1	49	Right Armrest	1
19	C14 Power Socket	1	50	Cushion Pad	4
20	3C Power Cord	1	51	Round Cushion Pad	2
21	Power Switch	1	52	Projection Electronic Watch	1
22	Small Rotating Shaft	2	53	Middle Control Keypad	1
23	Fan Wheel Fixing Plate	4	54	Middle Control Board	1
24	Foot Pedal	2	55	Wireless Charging Module	1
25	Height - adjusting pad	2	56	Shuttle	1
26	Motor Cover	1	57	Safety Lock PCB Board	1
27	Motor Front Cover	1	58	Fan	2
28	Decorative Cover	4	59	Filter	1
29	Left Rear Adjuster	1	60	Power Potentiometer	1
30	Right Rear Adjuster	1	61	Frequency Converter	1
31	Middle Control Upper Shell	1	62	Drop - shaped Decorative Logo	1

Parts List

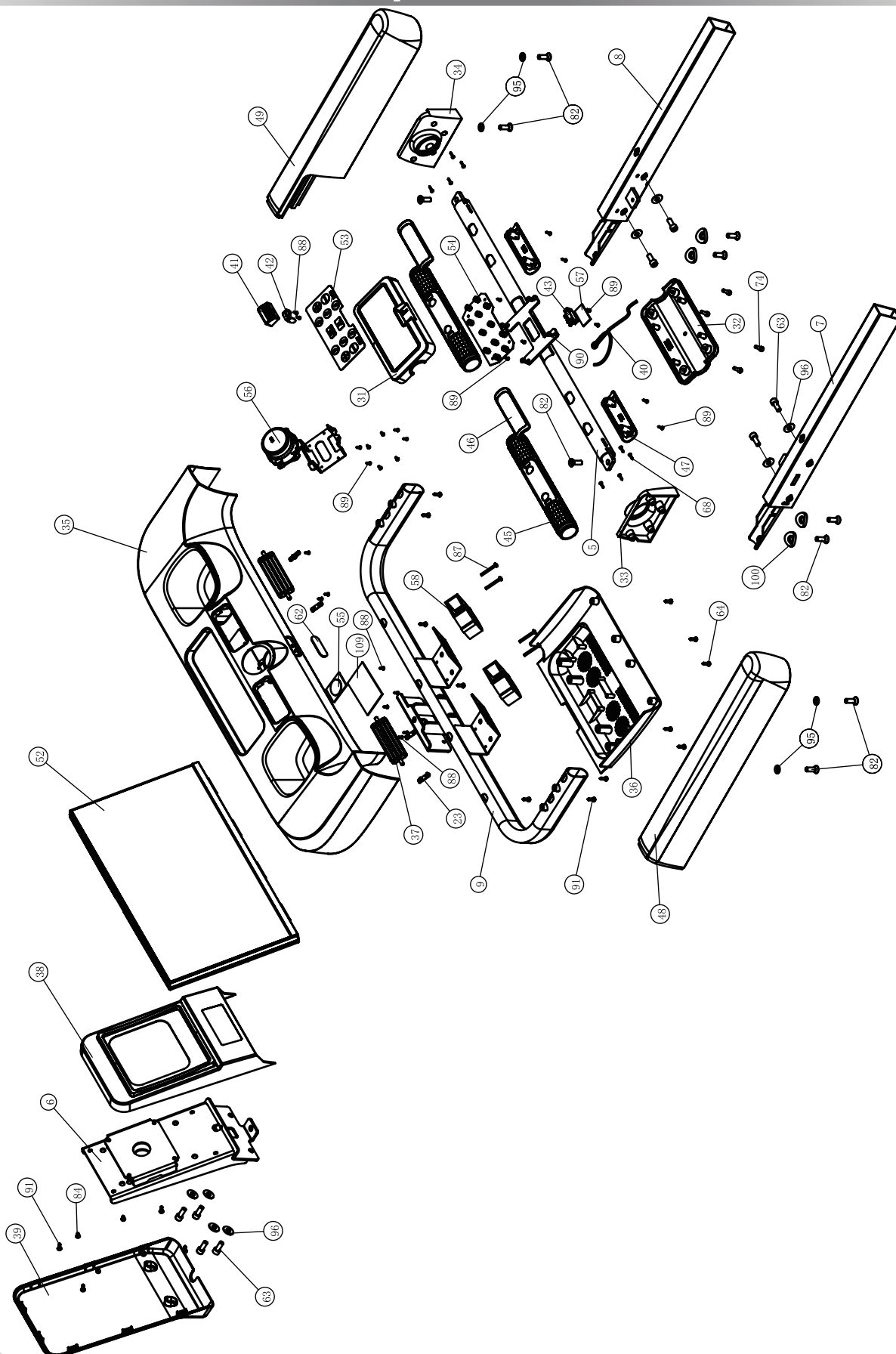
Note: Some parts listed in the table may have been pre - installed.

No.	Description	QTY	No.	Description	QTY
63	Hexagon Socket Cylinder Head Bolt M8*20	21	87	Cross - recessed Pan Head Bolt M4*35	4
64	Cross - recessed Pan Head Screw ST4.2*19	8	88	Cross - recessed Pan Head Self - tapping Screw ST2.9*8	14
65	Cross - recessed Pan Head Self - drilling Screw ST4.2*15	2	89	Cross - recessed Pan Head Self - tapping Screw ST2.9*10	18
66	Cross - recessed Pan Head Self - tapping Screw ST2.9*15	2	90	Cross - recessed Pan Head Self - tapping Screw ST4.2*13	4
67	Cross - recessed Pan Head Screw M5*15	2	91	Cross - recessed Pan Head Self - tapping Screw ST4.2*16	12
68	Cross - recessed Pan Head Screw ST4.2*19	8	92	Cross - recessed Pan Head Self - tapping Screw ST4.8*12	12
69	Hexagon Head Cross Screw M4*8, Green	2	93	U - shaped Cable Clip	1
70	Hexagon Socket Countersunk Head Bolt M12*20	4	94	Flat Washer $\phi 9 \phi 22 \times 1.6$	16
71	Hexagon Socket Countersunk Head Bolt M12*50	2	95	Flat Washer $\phi 9 \phi 16 \times 1.6$	4
72	Hexagon Socket Countersunk Head Bolt M12*40	4	96	Flat Washer $\phi 8.4 \phi 16 \times 1.6$	17
73	Hexagon Socket Cylinder Head Bolt M12*90	2	97	Flat Washer $\phi 8.4 \phi 22 \times 1.6$	4
74	Cross - recessed Pan Head Screw M5*12	4	98	Flat Washer $\phi 11 \phi 202$	8
75	Hexagon Socket Cylinder Head Screw M5*15	13	99	External Tooth Lock Washer $\phi 4$, 65Mn	2
76	Hexagon Socket Countersunk Head Bolt M10*75	2	100	Arc - shaped Gasket $\phi 20 \phi 8.5 \times 1.5$	4
77	Hexagon Socket Countersunk Head Bolt M10*65	2	101	Nylon Washer M10 Nylon 10*25*1	2
78	Hexagon Socket Cylinder Head Bolt M12*35	2	102	Lock Nut M8	8
79	Hexagon Socket Cylinder Head Bolt M8*30	4	103	Lock Nut M12	2
80	Hexagon Socket Cylinder Head Bolt M8*80	2	104	Lock Nut M10	4
81	Hexagon Socket Cylinder Head Bolt M6*10	2	105	Hexagon Nut M8	1
82	Hexagon Socket Countersunk Head Bolt M8*25	10	106	Perforated Shaft $\phi 10 \times 58$	1
83	Cross - recessed Pan Head Screw M5*25	2	107	Perforated Shaft $\phi 10 \times 73$	1
84	Cross - recessed Pan Head Screw M4*8	7	108	Type B Dowel Pin $\phi 1.8 \times 35$	2
85	Cross - recessed Pan Head Screw M4*15	4	109	MCU Small Board	1
86	Cross - recessed Countersunk Head Screw M3*5	2			

Exploded View

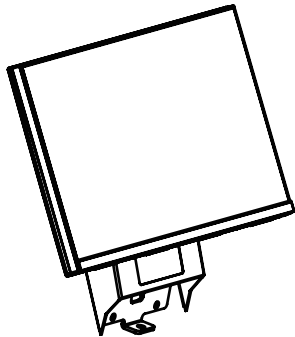


Exploded View

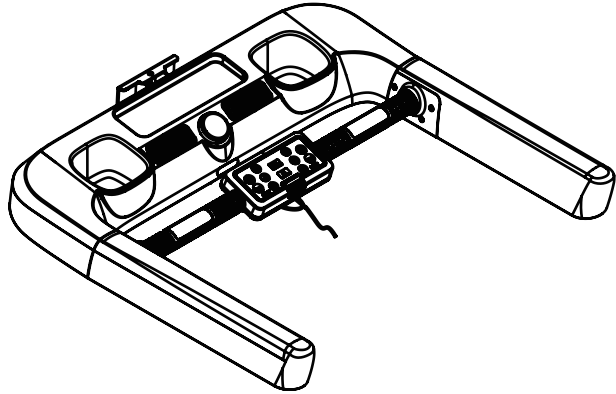


Packing List

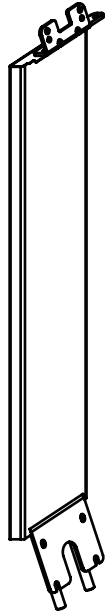
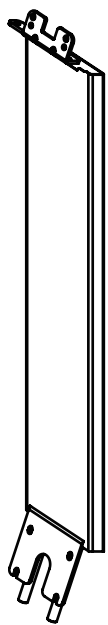
Electronic Display



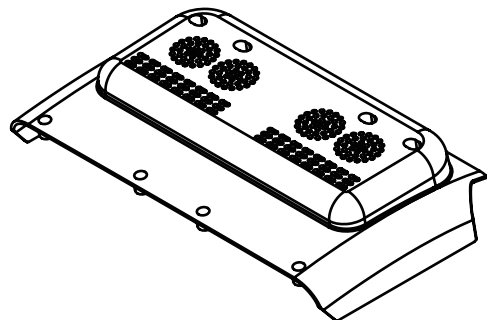
Console Panel



Left Upright Frame Right Upright Frame

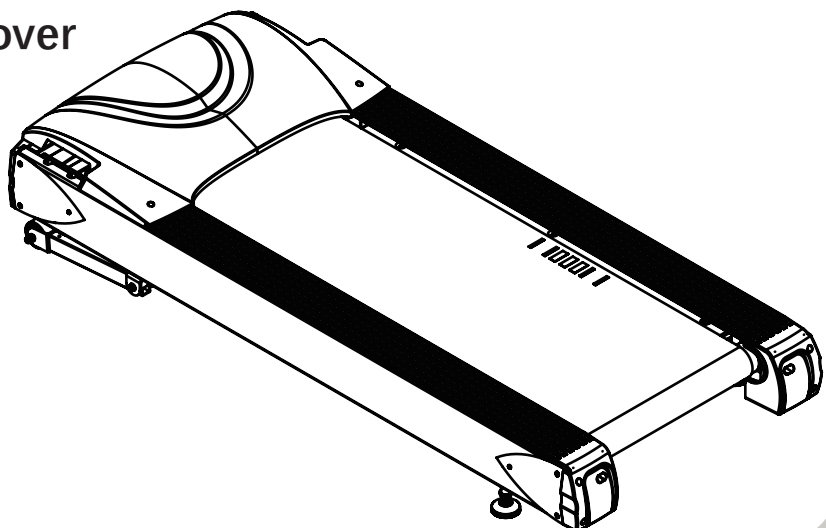
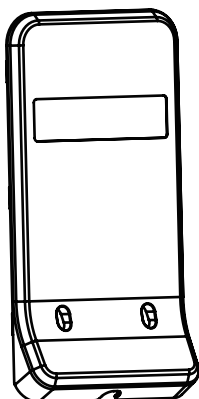


Lower Cover of Face Shell



Under Brame

Decorative Lower Cover

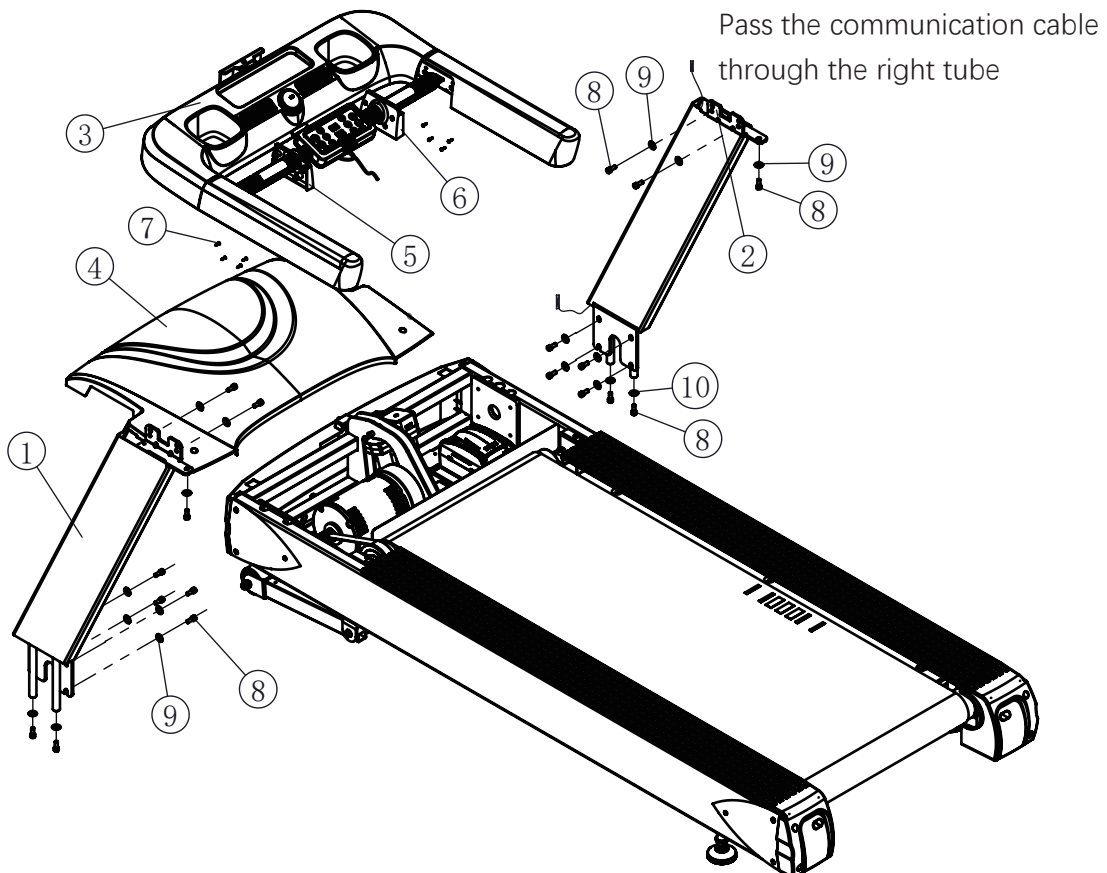


Assembly

STEP 1

- 1、 Remove the motor cover #4.
- 2、 Insert the left upright frame #1 and the right upright frame #2 into the base frame. Use hexagon socket head cap screws #8 (M8×20) and washers #9 ($\phi 8.4 \times \phi 16 \times 1.6$), #10 ($\phi 8.4 \times \phi 22 \times 1.6$), and pre-tighten them.
- 3、 Slide the left decorative cover #5 and the right decorative cover #6, insert the control console #3 onto the upright frames. First, connect the communication cable, then use hexagon socket head cap screws #8 (M8×20) and washers #9 ($\phi 8.4 \times \phi 16 \times 1.6$), and pre-tighten them.
- 4、 Install the left decorative cover #5 and the right decorative cover #6, using cross recessed pan head screws ST4.2×19, and pre-tighten them.

NO.	Description	QTY
1	Left Upright Frame	1
2	Right Upright Frame	1
3	Control Console	1
4	Motor Cover	1
5	Left Decorative Cover	1
6	Right Decorative Cover	1
7	Cross Recessed Pan Head Screw ST4.2×19	8
8	Hexagon Socket Head Cap Screw, M8×20	16
9	Washer, $\phi 8.4 \times \phi 16 \times 1.6$	12
10	Washer, $\phi 8.4 \times \phi 22 \times 1.6$	4

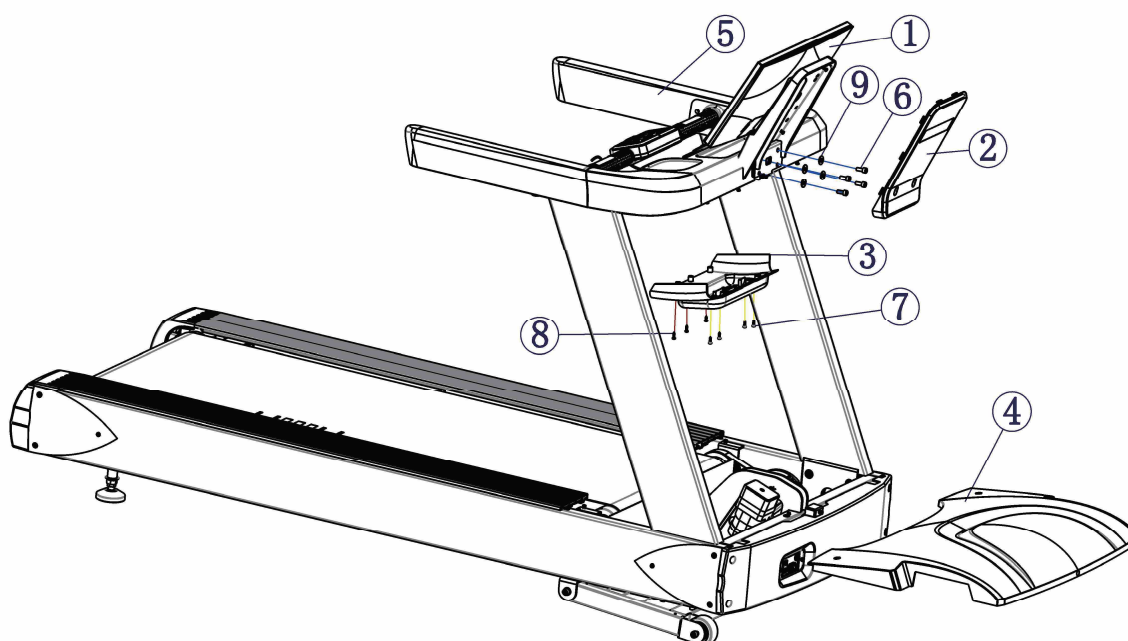


Assembly

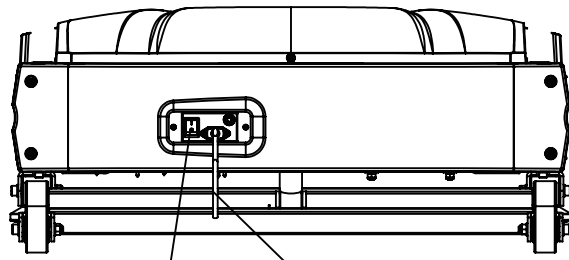
STEP 2

- 1、 After the console is installed, install the electronic watch #1 on the console #5, and fix it with hexagon socket head cap screws #6 (M8×20) and washers #9 ($\phi 8.4 \times \phi 16 \times 1.6$).
- 2、 Install the lower face shell cover #3 on the console #5, and fix it with cross recessed pan head self-tapping screws #7 (ST4.2×16) and cross recessed pan head screws #8 (M4×8).
- 3、 Tighten the pre-locking screws, reinstall the motor cover #4, and embed the lower decorative cover #2 into the electronic watch.

NO.	Description	QTY
1	Electronic Watch	1
2	Lower Decorative Cover	1
3	Lower Face Shell Cover	1
4	Motor Cover	1
5	Console	1
6	Hexagon Socket Head Cap Screw, M8×20	4
7	Cross Recessed Pan Head Self-tapping Screw, ST4.2×16	4
8	Cross Recessed Pan Head Screw, M4×8	4
9	Washer, $\phi 8.4 \times \phi 16 \times 1.6$	4



Operation and Maintenance



power switch

power cord

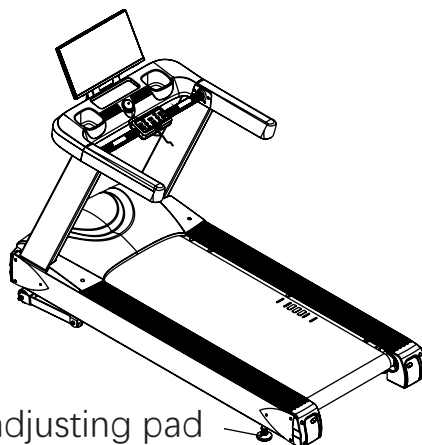


Warning

- 1、 For your personal safety and the normal operation of the machine, ensure the grounding wire of the socket is reliably grounded.
- 2、 For your personal safety and the normal operation of the machine, strictly prohibit operation with wet hands.
- 3、 Do not open the motor cover for maintenance by yourself to avoid danger.
- 3、 After each use of this equipment, turn off the power switch. This can save electricity, extend the service life of the equipment, and ensure safety.
- 4、 The power socket must be a 16A, 220V socket with good grounding to avoid electric shock accidents.
- 5、 The machine body is strictly prohibited from being flooded to avoid damaging the machine.
- 6、 When the power is on, keep the power cord away from the moving wheels under the machine.
- 7、 Do not pass the power cord under the machine. It is forbidden to use a damaged power cord.

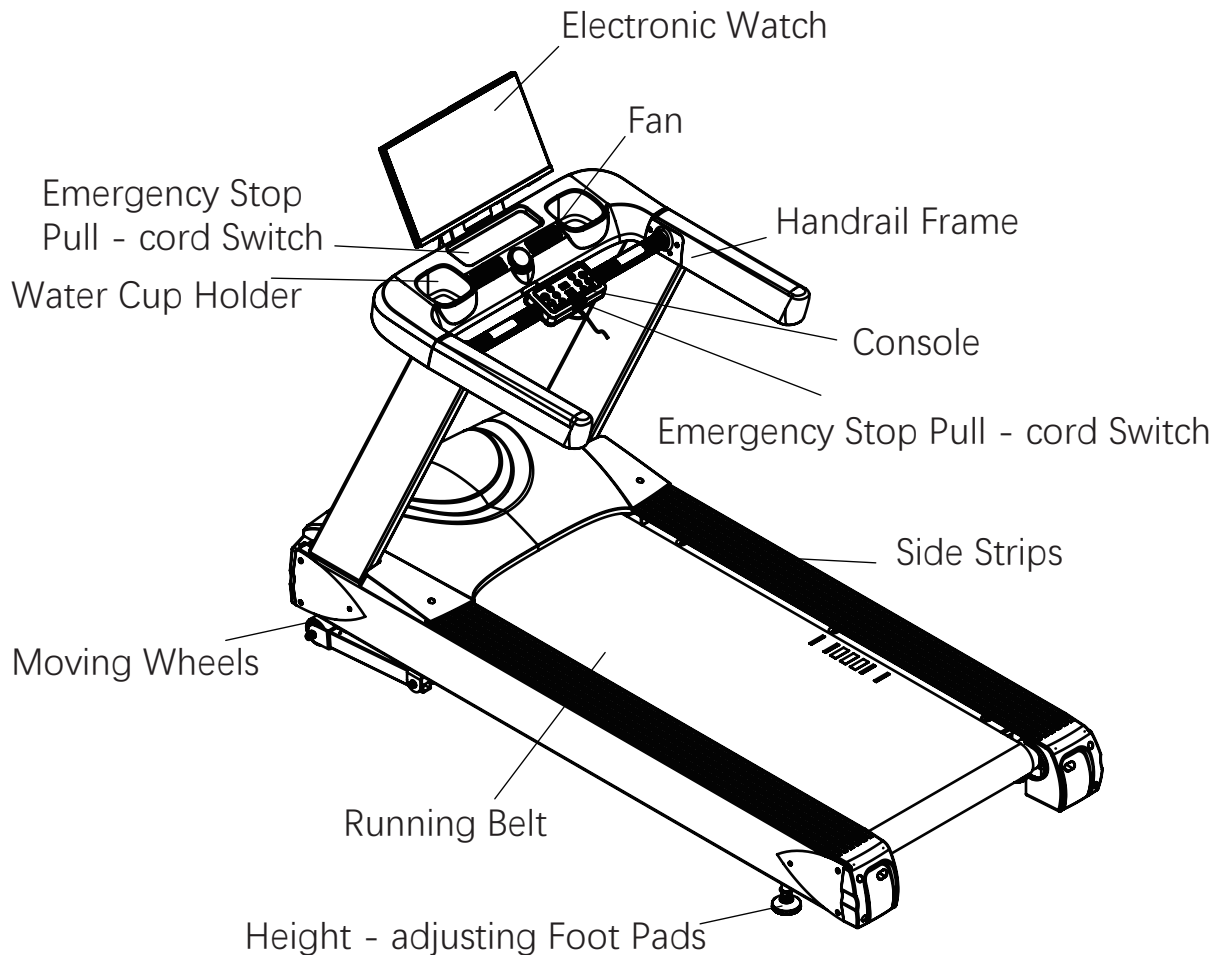
Level Adjustment

The treadmill must be adjusted to the optimal horizontal position for use. After placing the treadmill at the location for use, use the height - adjusting pads at the bottom of the treadmill console to adjust it to a horizontal state. After adjusting to the appropriate position, tighten and secure the bolts on the machine.



height - adjusting pad

! Operation and Maintenance



Electronic Watch: Displays sports parameters.

Water Cup Holder: Holds sports water cups.

Handrail Frame: For holding during exercise or when paused.

Moving Wheels: For moving the equipment.

Side Strips: Can be stepped on during pause or emergency for safe escape.

Height - adjusting Foot Pads: Adjust to keep the machine stable on the ground.

Running Belt: The area for running.

Emergency Stop Pull - cord Switch: Attach the safety clip to clothes during exercise; pulling the cord in an emergency stops the motor quickly.

Console: Has buttons for speed, incline, start, stop, etc.

Wireless Charging Platform: Wirelessly charges mobile phones and holds sundries.

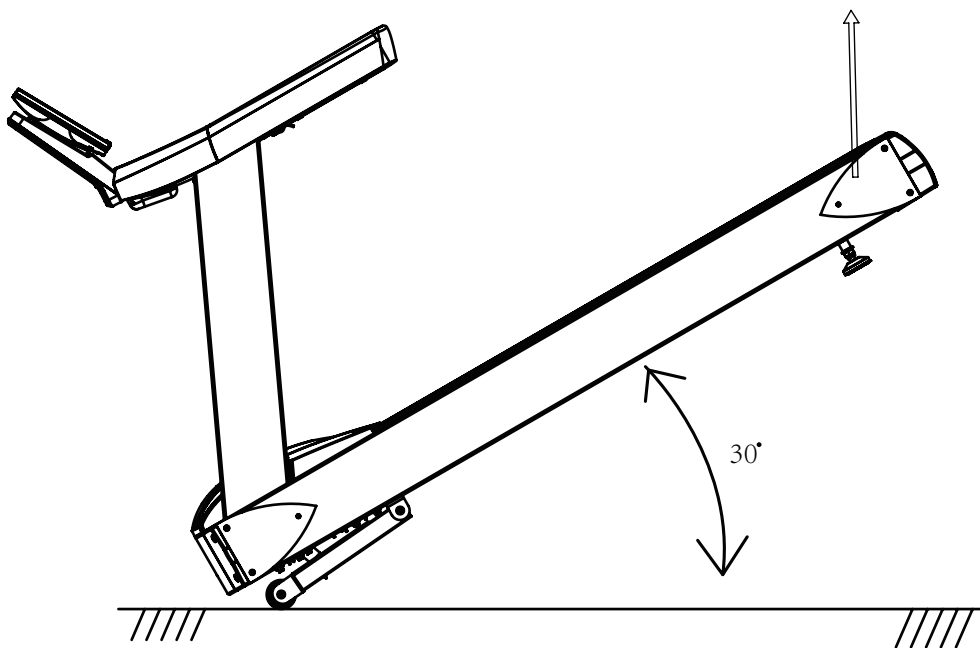
Fan: Adjust speed via the fan button on the electronic watch to cool the user.

! Operation and Maintenance

Before moving the treadmill: Ensure assistance for transport (capacity > 100kg) and a flat surface. Lift the rear, use rollers to move it, then slowly lower until height - adjusting pads touch the ground before releasing.

Note: During transport, keep the angle between the frame side and ground < 30°; > 30° may damage the front power cord and base frame.

Move the Treadmill



Operation and Maintenance

1、Running Belt Adjustment

For a better treadmill experience, it's necessary to adjust the running belt to the optimal state.

①. Deviation Phenomenon and Adjustment

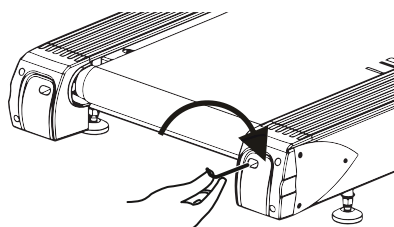
Deviation range: A left - right deviation of the distance between the running belt and the side strip within $\pm 5\text{mm}$ requires adjustment.

Adjust the deviation at a running speed of 4 km/h. Note: The running belt must not slip after adjustment.

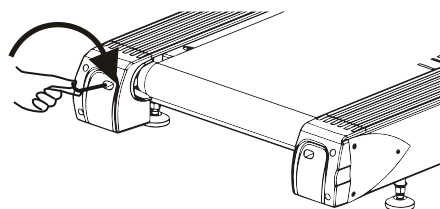
Deviation to the Right: Use an inner hexagon wrench to rotate the inner hexagon adjustment bolt on the right side at the back of the machine clockwise by 1/4 turn. Or rotate the adjustment bolt on the left side counter-clockwise.

Deviation to the Left: Use an inner hexagon wrench to rotate the inner hexagon adjustment bolt on the left side at the back of the machine clockwise by 1/4 turn. Or rotate the adjustment bolt on the right side counter-clockwise.

deviate to the right

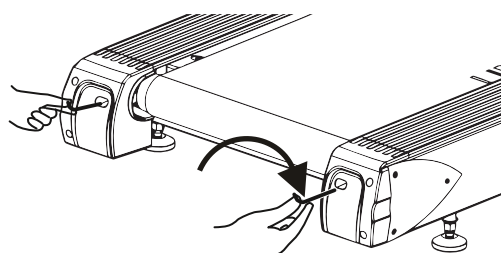


deviate to the left



②. Basis for Tightness Adjustment and Correct Adjustment

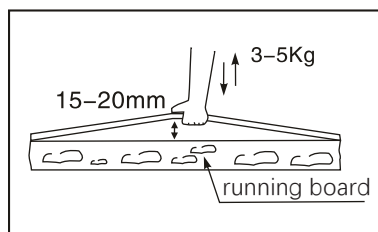
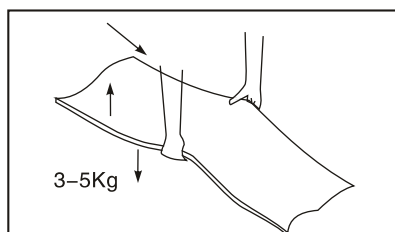
After the treadmill has been used for a while, the running belt may slip slightly. This is caused by the natural stretching of the running belt, a normal phenomenon. At this time, please adjust the two inner hexagon adjustment bolts at the back of the machine clockwise at the same time until the running belt no longer slips.



Operation and Maintenance

Correct Method for Judging Running Belt Tightness :

Method 1: Use both hands to pull the running belt evenly with a force of 3–5K. The distance between the running belt and the running board should be 15–20mm for proper tightness. If it exceeds 20mm (too loose) or is less than 15mm (too tight), adjust appropriately.



Method 2: Set the running belt speed to 5 km/h. Grasp the handrails tightly with both hands and step on the side strips with feet. Step on the running belt with the other foot. If there's no relative sliding between the running belt and the roller tube, the tightness is appropriate. This method is not for children or those with mobility impairments.

2、Cleaning Methods

Warning: Before cleaning or maintaining the product, be sure to unplug the power plug of the electric treadmill.

Thorough cleaning will extend the service life of the electric treadmill.

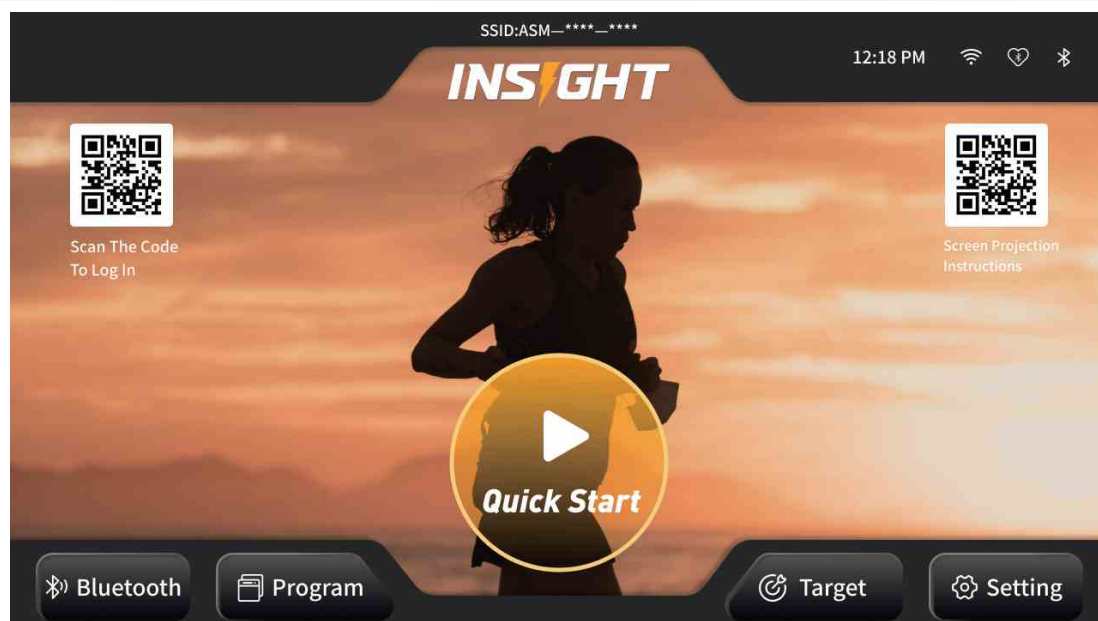
Regularly remove dust to keep components clean. Sweep the exposed parts on both sides of the running belt. This will reduce the accumulation of debris that needs to be cleaned irregularly. Keep sports shoes clean and avoid bringing foreign objects into the running belt, which may wear the running board and the running belt.

For the surface of the running belt, use a damp cloth with soap to wipe it. Please note that water should not splash on electrical components and under the running belt.

After using the machine for about 3 months, it is necessary to clean the console. Use a flathead screwdriver tool to open the motor cover, and use a small brush to carefully clean the dust on the controller, the motor, and the small belt.

Note: Do not damage electrical components or disconnect the control wires.

Instructions for Use of the Electronic Display



Introduction to the Use of Main Interface Functions

1、Quick Start: Press the central control button , or select the “Quick

Start” icon on the main interface using the operation knob to start exercising.

2、Program Mode: Use the operation knob to select the program mode icon on the main interface to enter the preset program selection interface. You can choose 1 from 10 preset programs to start exercising.

3、Target Mode: Use the operation knob to select the target mode icon on the main interface to enter the target mode selection interface. You can choose 1 from target time, target distance, and target calories as the exercise target. Select again to adjust the exercise target. After selecting your target by rotating the knob, start exercising.

4、Bluetooth: Use the operation knob to select the Bluetooth icon on the main interface to enter the Bluetooth connection interface and select the target Bluetooth headset for matching.

5、Settings: Use the operation knob to select the settings icon on the main interface to enter the factory settings interface. You can view the system version, connect to WiFi, switch languages, etc. in the settings (non-professional staff are not allowed to modify the parameters in the settings at will).

6、Scan Code Login: Users can scan the code to log in and register their own accounts. After each exercise, the background will push the exercise data to the user's mobile phone background.

7、Screen Projection Instructions: Users can scan the code to view the screen projection operation process.

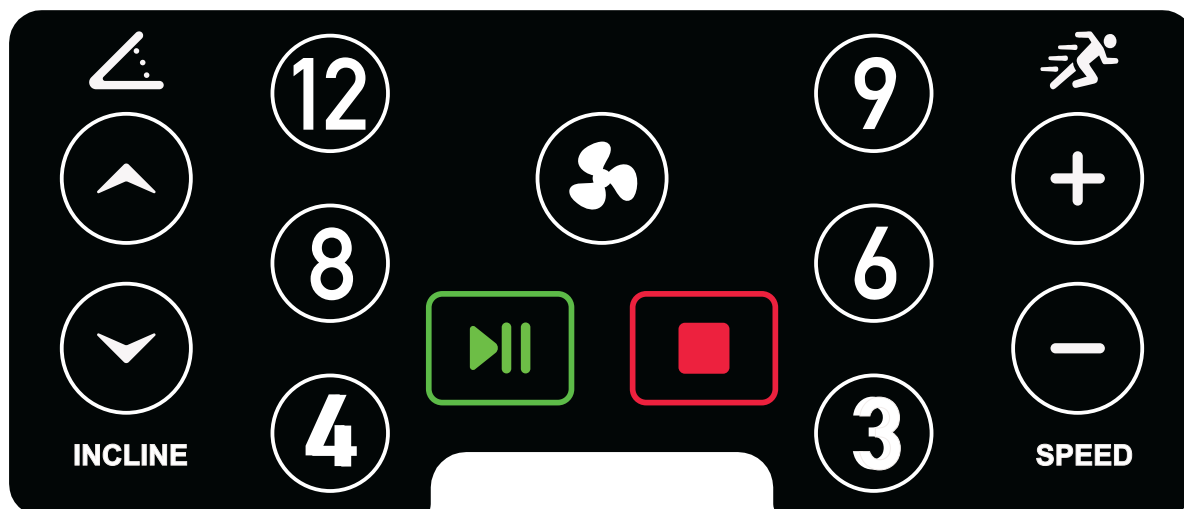
Instructions for Use of the Electronic Display



Introduction to Exercise Interface Functions

- 1、Time: Displays the current exercise time (M:S).
- 2、Distance: Displays the current exercise distance (km).
- 3、Calories: Displays the current calories burned by the user (KCAL).
- 4、Heart Rate: After the user holds the hand grip heart rate sensor chip with both hands, wait for about 3 seconds, and the user's current heart rate (BPM) will be displayed on the screen.
- 5、Steps: Displays the number of steps the user has taken during exercise.
- 6、Incline: Displays the current incline (%) gear.
- 7、Speed: Displays the current speed (km/h) gear.
- 8、SSID Code: The SSID code is located directly above the exercise interface. Users can project the screen on the exercise interface. For the screen projection method, refer to the screen projection instruction sticker below the electronic watch. Before screen projection, check the SSID code corresponding to the current device and select the same SSID code on the mobile phone for screen projection.

Instructions for Use of the Central Control



Introduction to Central Control Button Operation Panel

The buttons on the left side of the central control are used to adjust the incline gears of the treadmill. Each time the incline increase/decrease button  is pressed, 1 incline gear is increased or decreased. The buttons on the right side are used to adjust the speed gears of the treadmill. Each time the speed increase/decrease button  is pressed, the speed is increased or decreased by 0.1 km/h, and long-pressing increases the speed adjustment rate.

The left side provides three incline gears: 4, 8, and 12 (%), for users to conveniently select the target incline. The right side provides three speed gears: 3, 6, and 9 (km/h), for users to conveniently select the target speed.



Fan button: Controls the on/off of the fan. The fan is only turned on in the exercise state. Press it for the first time to start Fan Gear 1, press it again to adjust to Fan Gear 2, and press it again to turn off the fan.



Start/Pause Button: In the standby state, press this button to enter the quick start mode; during the exercise state, press this button again to enter the pause state.



Stop button: In the exercise state, pressing this button can slowly stop the exercise.

Instructions for Use of the Shuttle Knob



Introduction to the Usage of Shuttle Knob

Clockwise rotation: Select the next target

Counterclockwise rotation: Select the previous target

Short press the knob: Confirm

Long press the knob: Return to the previous interface

Function Introduction:

1、Screen Projection Mode Function: In the screen projection state, rotating the knob can adjust the volume. A short press can hide the exercise data frame. When the data frame is hidden, the screen projection video content can be viewed better, and a short press again restores the display of exercise data.

2、Exercise State Display: The knob will display the corresponding content when the target is selected. After entering the exercise state, it will cyclically display the exercise time and distance data.

Note:

The knob cannot be used to control the adjustment of speed and incline, as well as the pause and stop of the treadmill during exercise. Do not press the knob frequently or with great force to prevent it from being damaged.

Error Code Explanation

Fault	Error Description
E91	Low voltage trip
E92	Temperature sensor abnormality
E94	Output overcurrent
E96	Transformer overvoltage
E98	Grounding abnormality
E99	Inverter overheating
E9A	Motor overload abnormality
E9B	Inverter overload abnormality
E9C	System overload abnormality
E9D	Motor disconnection detected
E9E	Inverter brake fault
EB1	Flash program fault
EB2	EEPROM fault
EB3	Low voltage display
EB5	Emergency shutdown display
EB6	Driver setting error
E9	High temperature display
E11	Android serial port cannot receive key
E12	Android serial port write error
E13	Android serial port cannot be opened
E79	Abnormal communication with inverter
E80	No Android communication received

Warranty and Maintenance Record Form

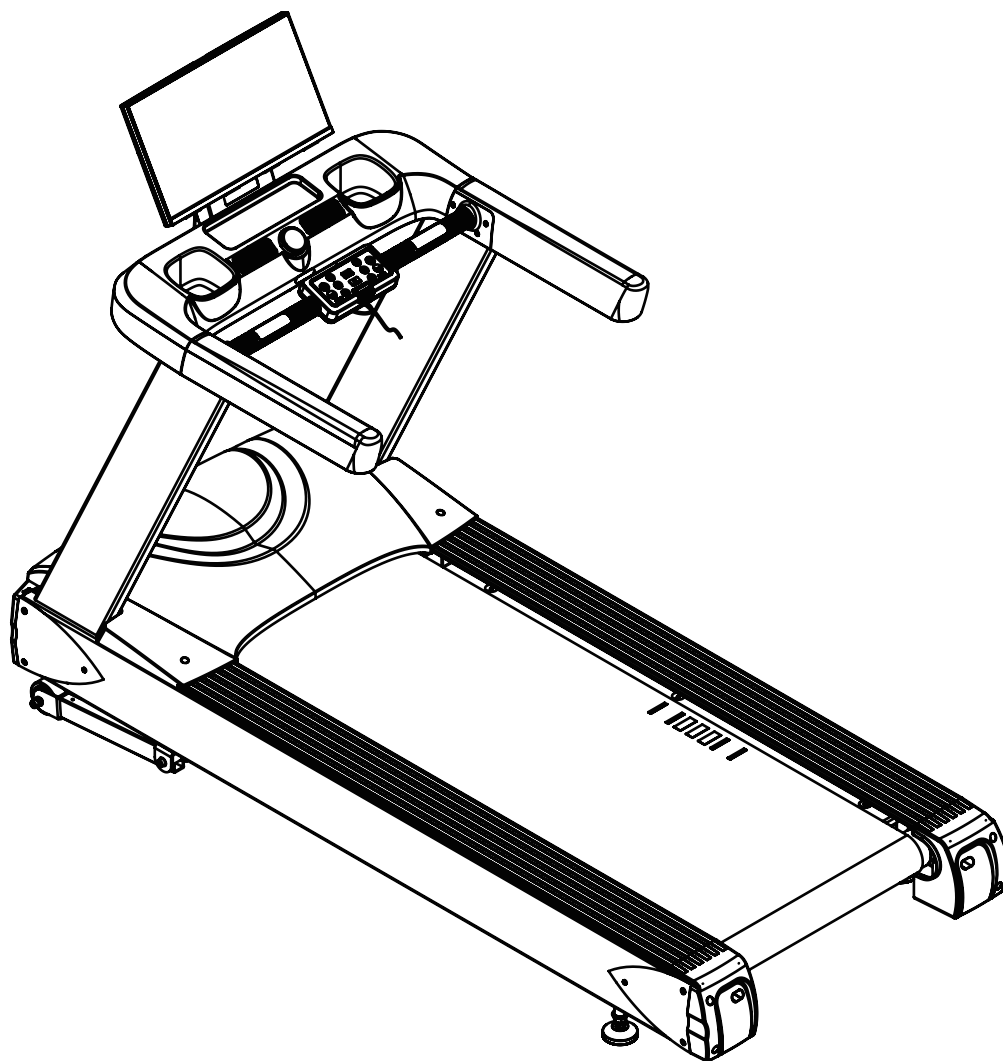
Maintenance Record

[illegible]

CT70

商用电动跑步机

使用说明书



在使用本产品之前请认真阅读本手册，并按照手册要求进行操作。供应商：青岛驰健英赛特健康科技有限公司 电话：4000967177
请妥善保存本手册，以便将来参考。 产地：青岛即墨通济街道赵家岭工业园 邮编：266228

在使用本产品之前必须认真阅读说明书，并按说明书的要求进行操作。

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保修与维护记录表



! 注意事项

执行标准：GB17498.1-2008, GB17498.6-2008

产品类型：SB类

限用人数：1人

使用者最大体重：180kg

产品尺寸：2182mm×938mm×1607mm

产品重量：190kg

额定电压：220-240V, 50/60Hz

输入功率：2.2KW

速度范围：1-20KM/H

坡度范围：0-15%



本健身器在维护过程中只允许使用我公司的配件。为了避免产生不必要的伤害和损失，请不要做超出本健身器使用范围内的动作。在使用时，请严格按照以下规则进行：

在使用本器材前，请一定仔细阅读和完全理解使用说明。

安全健身

- 在开始健身计划之前，请先咨询您的医生和教练。
- 正确的热身运动是您安全进行锻炼的前提。
- 如果锻炼时出现心跳过速、头晕、恶心、胸部疼痛或其他各种不适感觉，请立即停止锻炼并咨询医生。
- 掌握好您自己的锻炼强度，调整好运动中的呼吸，一定不要屏住呼吸做运动。不正确的锻炼方式和过度训练会对人体健康造成伤害。
- 使用者要视自身的健康情况进行锻炼，身体较弱或有残疾的人须经医生同意并且由教练在场陪同才可以使用本器材。
- 心血管疾病、高血压、糖尿病以及其他不适合剧烈运动的疾病患者，必须有县级以上医院开具的证明方可使用本器材。
- 体重较轻的用户在高坡度、低强度的运动时，可能因长时间无法有效检测到步数而进入待机状态，此时请适当加强运动强度。

儿童禁用

- 禁止儿童使用或靠近器材。禁止没有大人监护的儿童留在器材周围。
- 您在使用时请儿童远离本器材。青少年也应该在成年人的看护下使用本器材。

着装

- 穿着适合锻炼的健身服装和运动鞋。应着纯棉类运动服，不要穿长袍或其他容易被机器卡住的衣服，化纤类的服装易产生静电，可能造成本机损坏。锻炼时应选择轻便舒适的运动鞋，切记不可穿拖鞋、皮鞋、高跟鞋或光脚，避免发生安全问题。

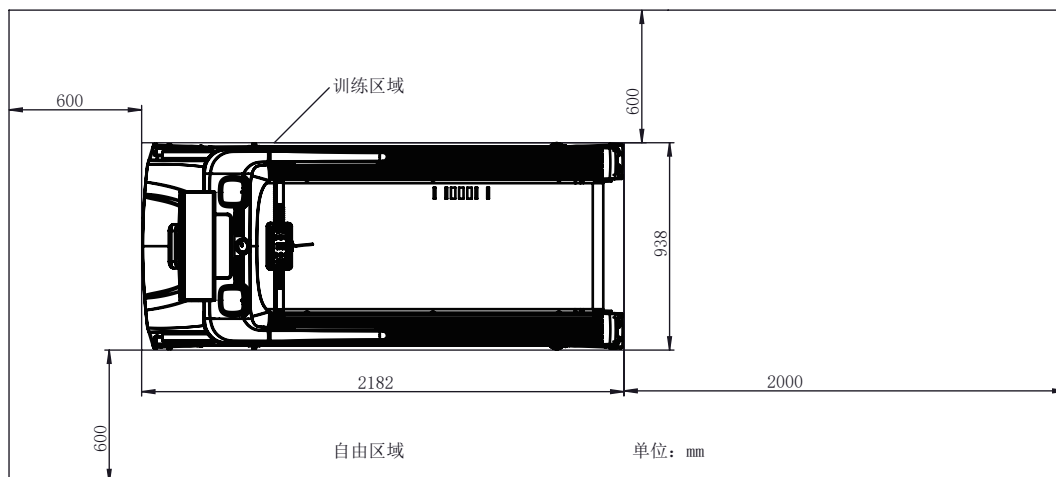
! 注意事项

器材使用

- 在使用器材前，请弄清楚本器材中所有的可移动部件。不得擅自松动和拆卸本器材中的任何部件以免产生伤害。在使用器材时，头部、四肢、手脚和头发要远离所有运转中的部件。
- 为了防止意外的发生，在使用器材之前务必仔细检查本器材的任何一个部件是否有松动和磨损，如果发现潜在问题，请与器材管理人员联系，在专业人员确认器材可正确运行之前，切勿使用该器材。切勿修理损坏或卡住、缠绕打结的器材。
- 搬运、移动或者其他改变器材放置状态时应当小心轻放，同时保持器材的平稳。
- 切勿让任何物品掉入或插入器材的任何开口处。
- 本器材后方应至少有2米×1米的安全区，在器材四周不要放有棱角等可能伤人的物品。
- 本器材应在清洁、平整、牢固的地面上安装和使用，不能靠近潮湿有水区域，也不能在户外使用本器材。
- 切勿修改器材或其任何部件，或者永久卸下器材的任何部件。

适用范围

- 本器材并不能作为医疗器械使用。本器材适应于健身会所等商业场所，请在专业健身教练指导下使用。
- 本器材仅用于指定用途，不可以做超出本健身器使用范围内的动作。
- 不要使用非制造厂商推荐的配件，避免可能会导致的伤害和损失。只可以依据本说明书的规定使用，不可以用其他厂家的类似说明书作为依据。



爆炸图明细

注意：表中所列的某些零部件可能已被预先安装

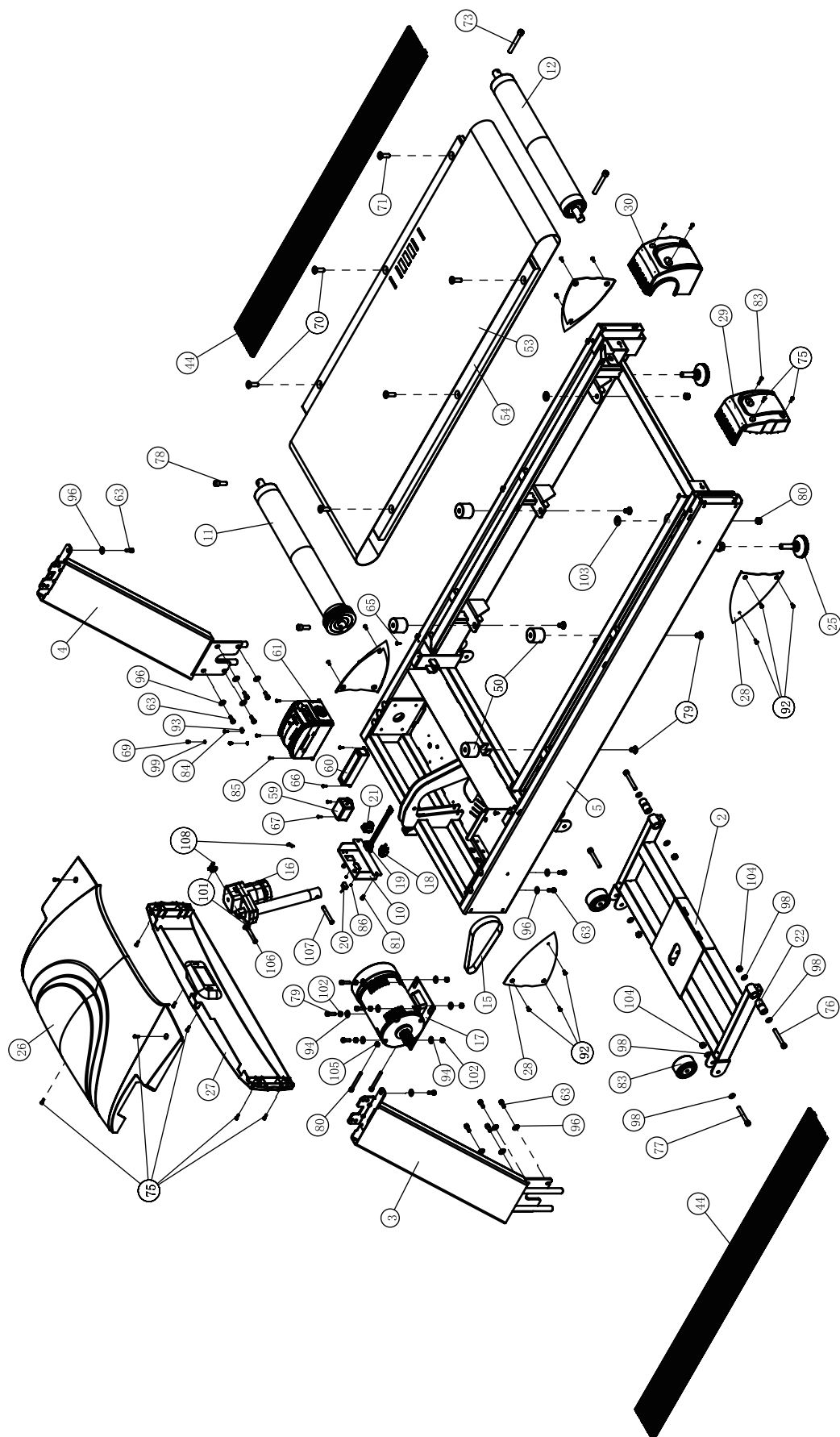
序号	零件名称	数量	序号	零件名称	数量
1	主架总成	1	31	中控上壳	1
2	扬升架总成	1	32	中控下壳	1
3	左立柱总成	1	33	左扶手装饰盖	1
4	右立柱总成	1	34	右扶手装饰盖	1
5	前扶手总成	1	35	面壳上盖	1
6	支撑架总成	1	36	面壳下盖	1
7	左扶手总成	1	37	风扇调节壳	2
8	右扶手总成	1	38	装饰上盖	1
9	控制台架总成	1	39	装饰下盖	1
10	开关固定座总成	1	40	急停拉绳	1
11	前滚筒	1	41	急停插片饰盖	1
12	后滚筒	1	42	急停插片	1
13	跑步带	1	43	急停锁半盒	2
14	跑步板	1	44	边条	2
15	多楔带	1	45	把手套	2
16	扬升马达	1	46	手握脉搏上盖	2
17	AC马达	1	47	手握脉搏下盖	2
18	过载电流保护器	1	48	左扶手	1
19	C14电源插座	1	49	右扶手	1
20	3C电源线	1	50	缓冲垫	4
21	电源开关	1	51	圆缓冲垫	2
22	小转轴	2	52	投屏电子表	1
23	风扇叶固定板	4	53	中控按键板	1
24	脚轮	2	54	中控控制板	1
25	调高垫组件	2	55	无线充电模块	1
26	马达盖	1	56	飞梭	1
27	马达前盖	1	57	安全锁PCB板	1
28	装饰盖	4	58	风扇	2
29	左后调器	1	59	滤波器	1
30	右后调器	1	60	电源供应器	1

爆炸图明细

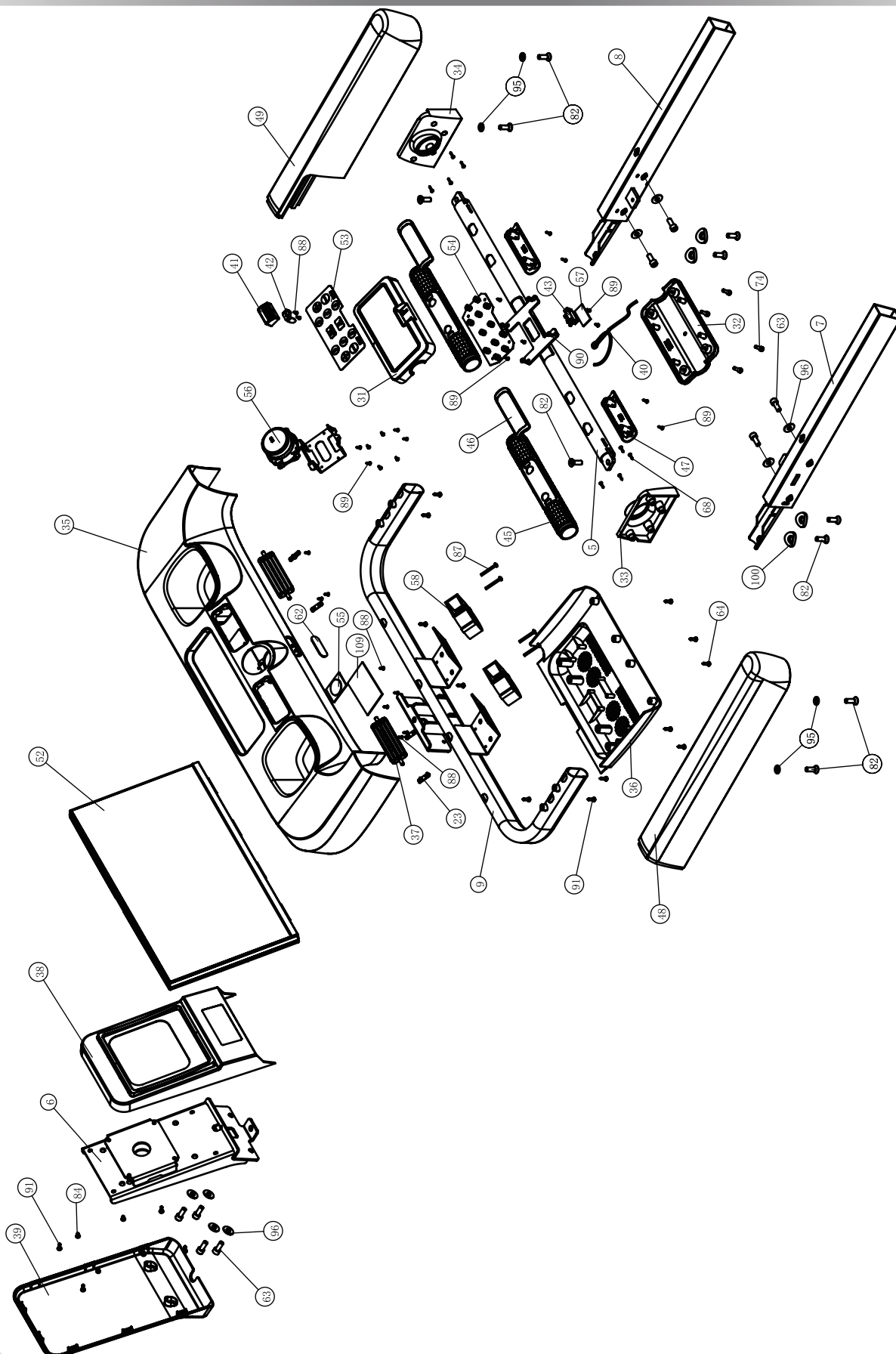
注意：表中所列的某些零部件可能已被预先安装

序号	零件名称	数量	序号	零件名称	数量
61	变频器	1	86	十字槽沉头螺钉M3*5	2
62	滴塑装饰标	1	87	十字槽盘头螺栓M4*35	4
63	内六角圆柱头螺栓M8*20	21	88	十字槽盘头自攻螺钉ST2.9*8	14
64	十字槽盘头螺钉ST4.2*19	8	89	十字槽盘头自攻螺钉ST2.9*10	18
65	十字槽盘头自攻自钻螺钉ST4.2*15	2	90	十字槽盘头自攻螺钉ST4.2*13	4
66	十字槽盘头自攻螺钉ST2.9*15	2	91	十字槽盘头自攻螺钉ST4.2*16	12
67	十字槽盘头螺钉M5*15	2	92	十字槽盘头自攻螺钉ST4.8*12	12
68	十字槽盘头螺钉ST4.2*19	8	93	U型线卡	1
69	外六角十字螺钉M4*8, 绿色	2	94	平垫圈 $\phi 9 \times \phi 22 \times t1.6$	16
70	内六角沉头螺栓M12*20	4	95	平垫圈 $\phi 9 \times \phi 16 \times t1.6$	4
71	内六角沉头螺栓M12*50	2	96	平垫圈 $\phi 8.4 \times \phi 16 \times t1.6$	17
72	内六角沉头螺栓M12*40	4	97	平垫圈 $\phi 8.4 \times \phi 22 \times t1.6$	4
73	内六角圆柱头螺栓M12*90	2	98	平垫圈 $\phi 11 \times \phi 20 \times 2$	8
74	十字槽盘头螺钉M5*12	4	99	外锯齿锁紧垫圈 $\phi 4$, 65Mn	2
75	内六角圆柱头螺钉M5*15	13	100	弧形垫片 $\phi 20 \times \phi 8.5 \times 1.5$	4
76	内六角盘头螺栓M10*75	2	101	尼龙垫圈M10白尼龙10*25*1	2
77	内六角盘头螺栓M10*65	2	102	防松螺母M8	8
78	内六角圆柱头螺栓M12*35	2	103	防松螺母M12	2
79	内六角圆柱头螺栓M8*30	4	104	防松螺母M10	4
80	内六角圆柱头螺栓M8*80	2	105	六角螺母M8	1
81	内六角圆柱头螺栓M6*10	2	106	带孔销轴 $\phi 10 \times 58$	1
82	内六角盘头螺栓M8*25	10	107	带孔销轴 $\phi 10 \times 73$	1
83	十字槽盘头螺钉M5*25	2	108	B型销 $\phi 1.8 \times 35$	2
84	十字槽盘头螺钉M4*8	7	109	MCU小板	1
85	十字槽盘头螺钉M4*15	4			

爆炸图

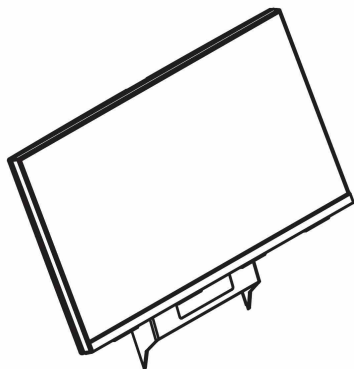


爆炸图

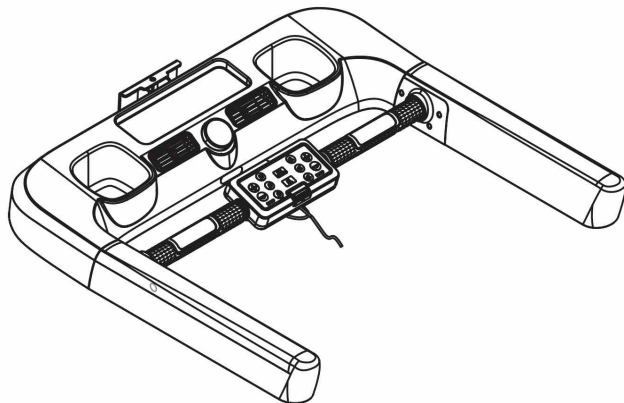


装箱清单

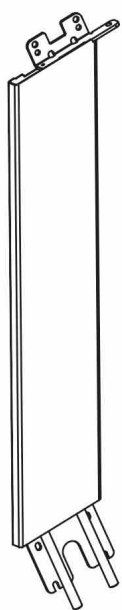
电子表



控制台



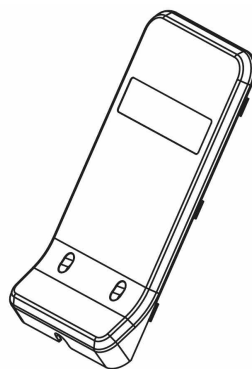
左立架



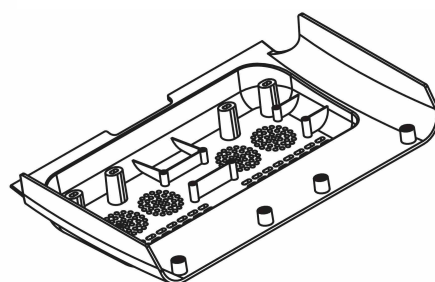
右立架



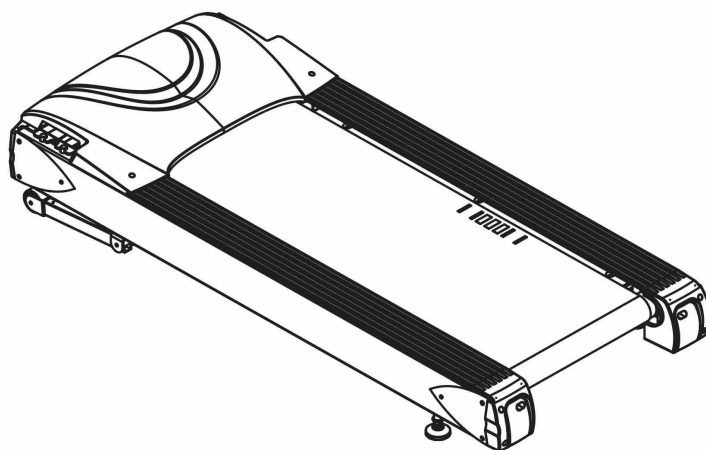
装饰下盖



面壳下盖



底架

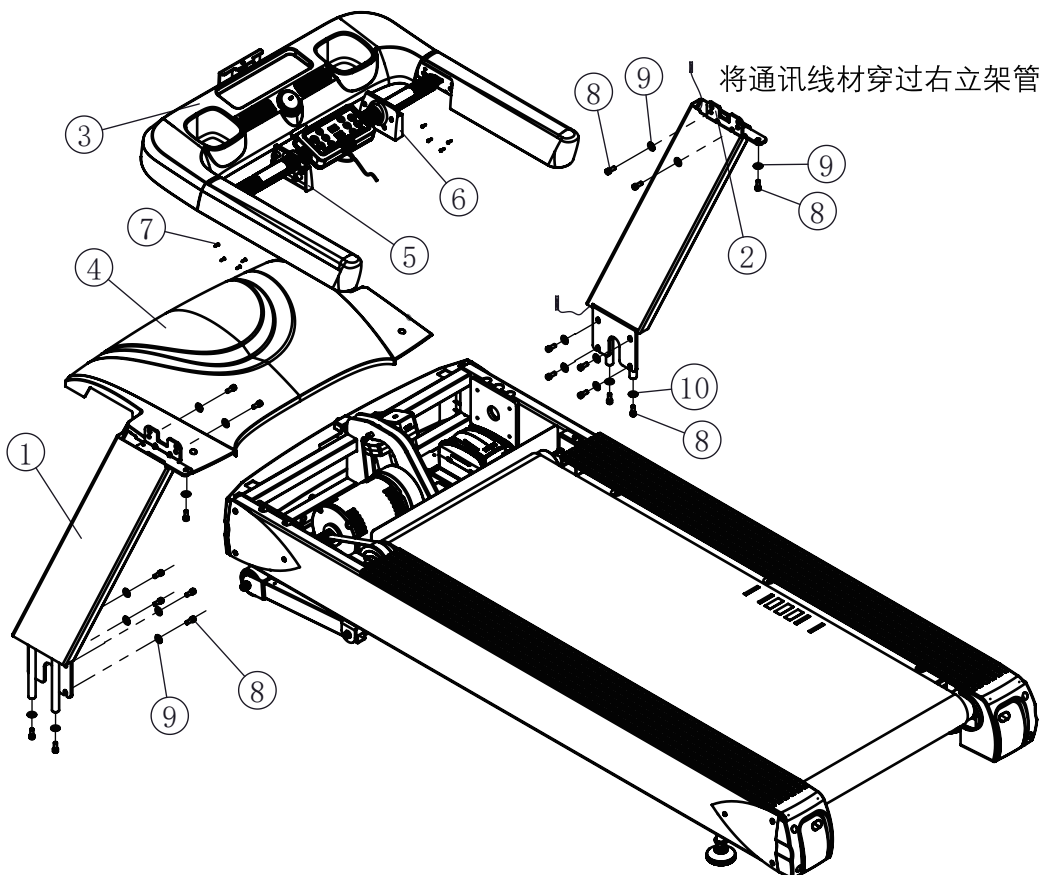


客户组装步骤

组装步骤一

- 1、先拆下马达盖 #4
- 2、把左立架 #1、右立架 #2插入底架，使用内六角圆柱头螺钉 #8 (M8×20) 和垫圈 #9 ($\phi 8.4 \times \phi 16 \times 1.6$)、#10 ($\phi 8.4 \times \phi 22 \times 1.6$)，预锁紧。
- 3、滑动左装饰盖 #5、右装饰盖 #6，将控制台 #3 插到立架上，先将通讯线连接，使用内六角圆柱头螺钉 #8 (M8×20) 和垫圈 #9 ($\phi 8.4 \times \phi 16 \times 1.6$)，预锁紧。
- 4、安装左装饰盖 #5、右装饰盖 #6，使用十字槽盘头螺钉 ST4.2×19，预锁紧

序号	零件名称	数量
1	左立架	1
2	右立架	1
3	控制台	1
4	马达盖	1
5	左装饰盖	1
6	右装饰盖	1
7	十字槽盘头螺钉ST4.2×19	8
8	内六角圆柱头螺钉, M8×20	16
9	垫圈, $\phi 8.4 \times \phi 16 \times 1.6$	12
10	垫圈, $\phi 8.4 \times \phi 22 \times 1.6$	4

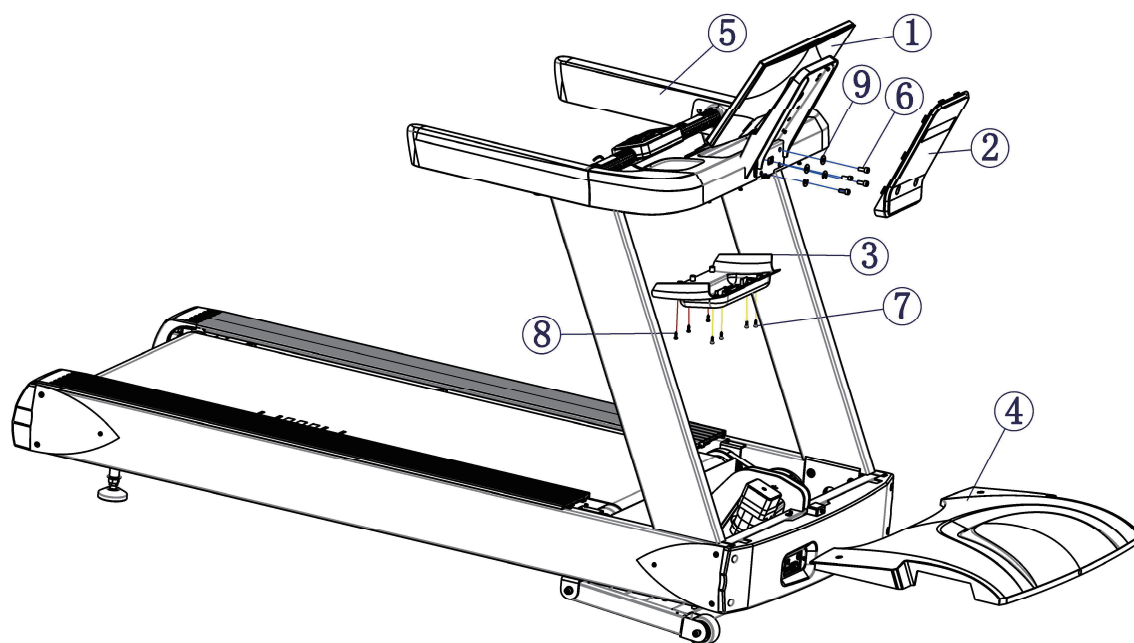


客户组装步骤

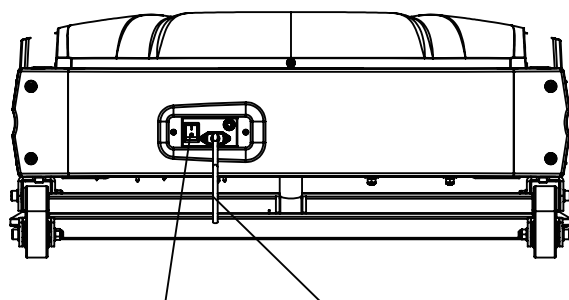
组装步骤二

- 1、控制台安装后，电子表 #1 装到控制台 #5 上，使用内六角圆柱头螺钉 #6 (M8×20)、垫圈 #9 ($\phi 8.4 \times \phi 16 \times 1.6$) 固定。
- 2、面壳下盖 #3 装到控制台上，使用十字槽盘头自攻螺钉 #7 (ST4.2×16)、十字槽盘头螺钉 #8 (M4×8) 固定。
- 3、将预锁紧螺钉锁紧，将马达盖 #4 装回，将装饰下盖 #2 嵌入电子表。

序号	零件名称	数量
1	电子表	1
2	装饰下盖	1
3	面壳下盖	1
4	马达盖	1
5	控制台	1
6	内六角圆柱头螺钉, M8×20	4
7	十字槽盘头自攻螺钉, ST4.2×16	4
8	十字槽盘头螺钉, M4×8	4
9	垫圈, $\phi 8.4 \times \phi 16 \times 1.6$	4



⚠ 使用保养说明



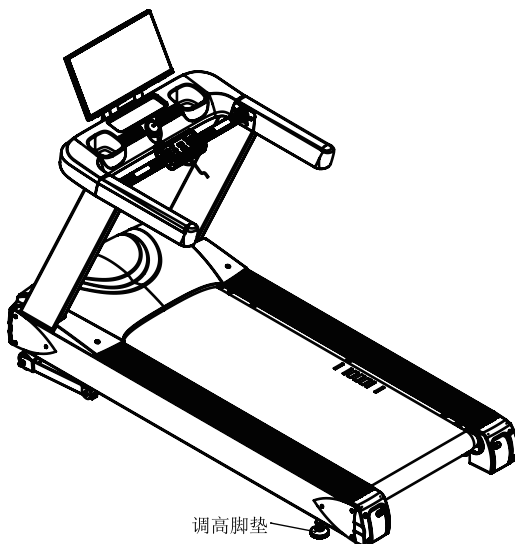
电源开关 电源线

⚠ 警告

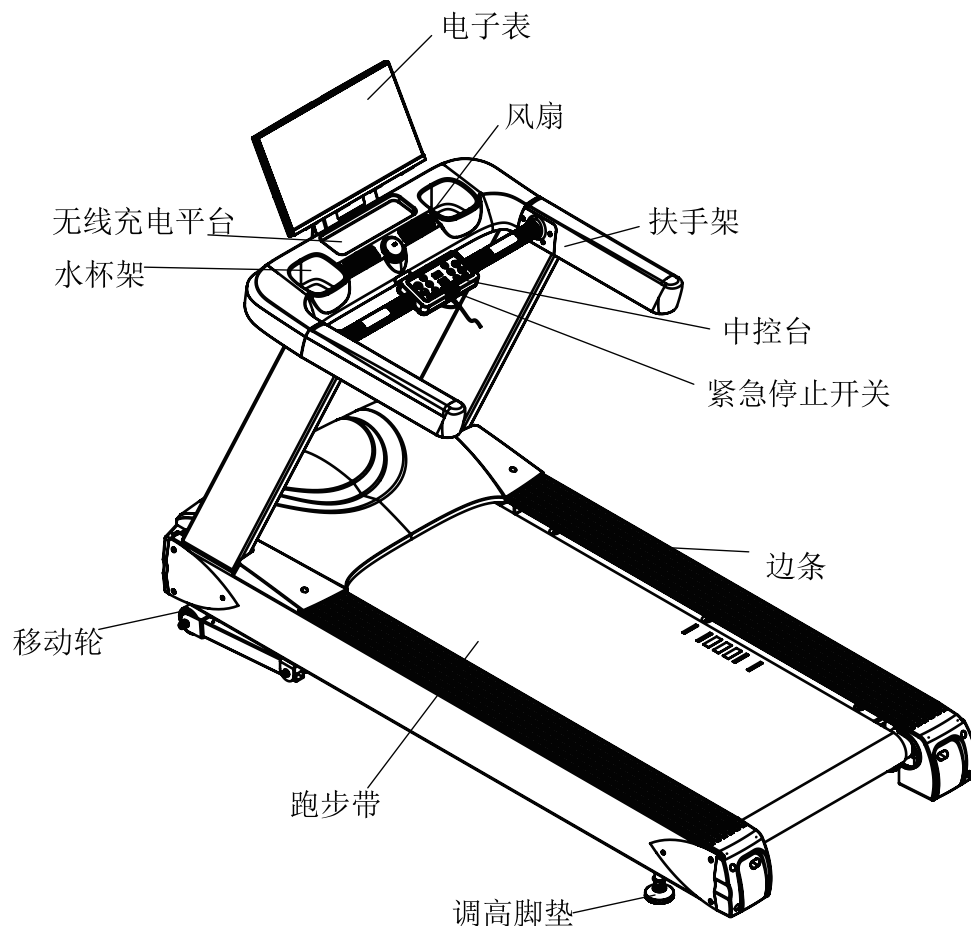
1. 为了您的人身安全及机台的正常运行，插座上的接地线请确保可靠接地！
2. 为了您的人身安全及机台的正常运行，严禁带水操作！
3. 请不要自行打开马达盖进行维修，以免出现危险！
4. 每次使用本器材后请关闭电源开关，这样可以省电、延长器材使用寿命、保证安全。
5. 电源插座必须使用16A，220V接地良好的插座，避免发生电击事故。
6. 机体严禁溅水，以免损坏机器。
7. 电跑通电时，电源线远离机台下的移动轮，也不要将电源线从机台下穿过，禁止使用破损的电源线。

校 平 调 整

须将跑步机调整至最佳使用水平，将跑步机放置在欲使用的位置后，用跑步机机台底部的调高垫调整至水平。调整到合适位置后，将机体上的螺帽锁紧就位。



⚠ 使用保养说明



电子表：运动参数显示面板

水杯架：放置运动水杯

扶手架：运动或暂停状态，双手扶持用

移动轮：可用于移动器械

边条：暂停或紧急状况时可踩踏，或供安全逃离用

调高脚垫：调整使机台落地平稳

跑步带：跑步时的运动区域

紧急停止拉线开关：运动时将安全夹夹到衣服上，有紧急情况拉线会启动紧急停止，让马达快速停止运转。

中控台：此面板设置有 速度、坡度、开始、停止等常用操作的按键。

无线充电平台：给手机无线充电，并可放置各种杂物

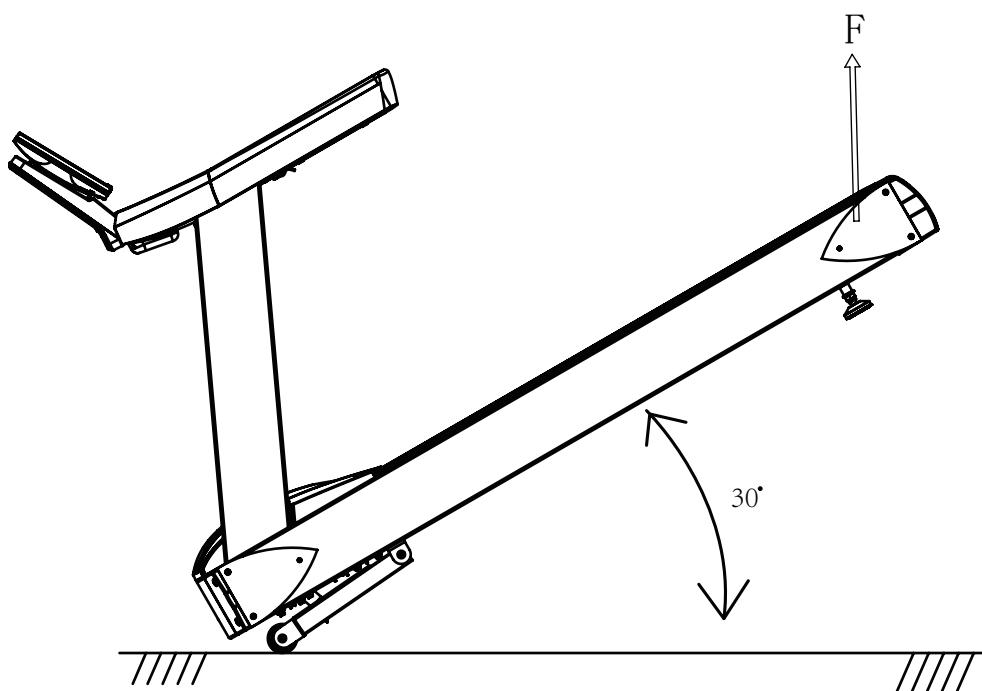
风扇：可通过电子表上的风扇按键调节风速，为运动者提供清凉感

! 使用保养说明

移动跑步机前，首先确保有人来协助搬运，确保能搬运重量大于100kg，跑步机置于平整的地面。搬运时先将跑步机尾部抬起，然后依靠跑步机滚轮来移动到合适的位置，在放置时，将跑步机缓慢放下，直到后调高垫着地时，才能松手。

注意：在搬运过程中，跑步机底架边管与地面之间的夹角小于 30° ，大于 30° 时有可能损伤跑步机前端的电源线及底架。

移动跑步机



! 使用保养说明

一. 跑步带调整

为了您更好的使用跑步机您有必要将跑步带调整到最佳状态。

1. 跑偏范围及跑偏调整

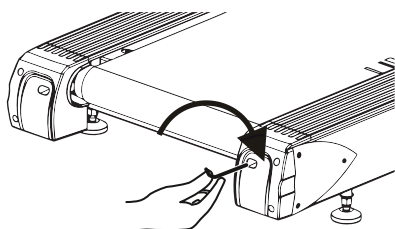
跑偏范围：跑步带与边条之间距离左右相差 $\pm 5\text{mm}$ 即视为偏移，需要调整。

跑偏调整请在4千米/小时的运行速度下调整，**注意：调整后跑步带不能打滑。**

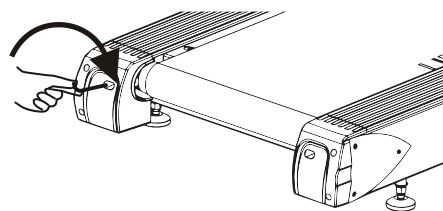
往右偏：请使用内六角扳手顺时针旋转1/4圈，调整机台后面右侧的内六角调整螺栓，或者逆时针调整左侧的调整螺栓。

往左偏：请使用内六角扳手顺时针旋转1/4圈，调整机台后面左侧的内六角调整螺栓，或者逆时针调整右侧的调整螺栓。

往右偏

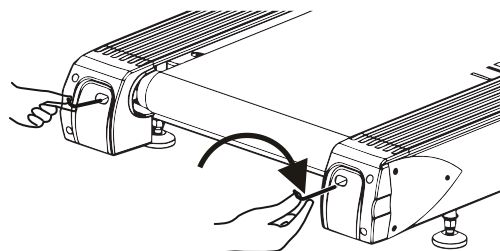


往左偏



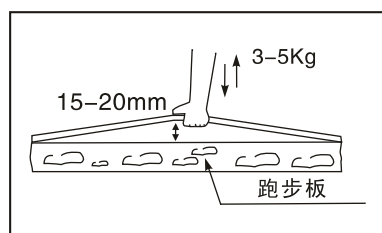
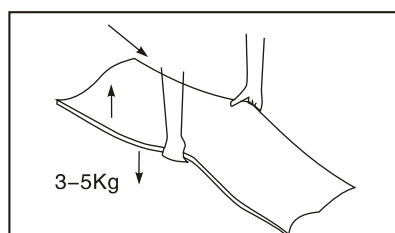
2. 松紧调整及正确调整的依据

跑步机使用一段时间后，可能会出现跑步带轻微打滑现象，这是跑步带自然拉长所致，属正常现象，此时请同时顺时针调整机台后面左右两个内六角调整螺栓，至跑步带不打滑为止。



正确判断跑步带松紧的依据：

方法一：如图所示，双手均匀用力3-5Kg拉跑步带。跑步带与跑步板之间距离为15-20mm为正常；超出20mm跑步带过松需适当调整；小于15mm跑步带过紧同样也需适当调整。



使用保养说明

方法二：跑步带在速度为5千米/小时情况下，用双手握紧扶手，脚踏在边条上，另一脚踩踏跑步带，跑步带与前轴管之间没有出现相对滑动现象，松紧即判断为合适。本方法儿童或行动不便者不可使用。

二. 清洁方式

警告：在清洁或维护产品前，请务必把电动跑步机的电源插头拔掉。

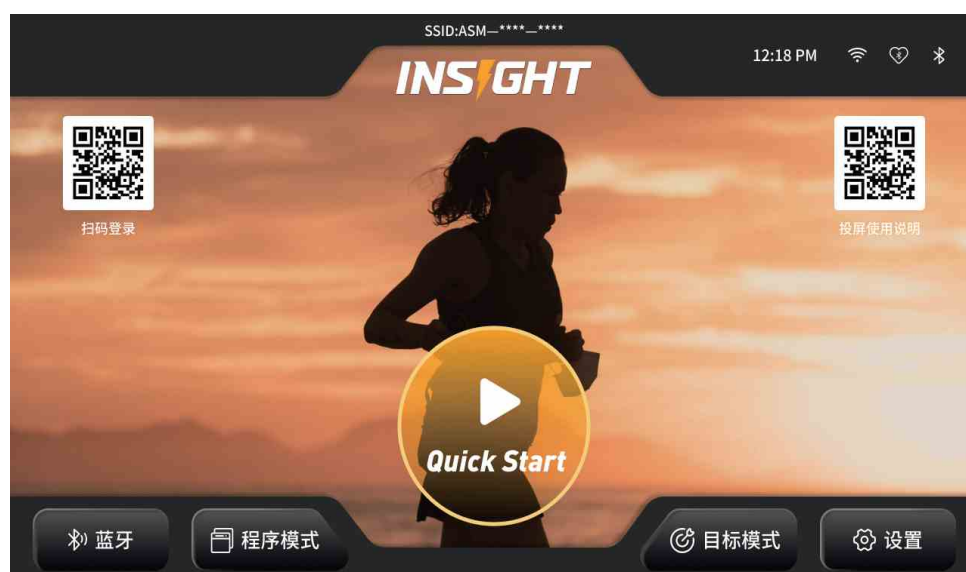
全面清洁将会延长电动跑步机的寿命。

定期清除灰尘以保持部件的清洁。清扫跑步带两边暴露在外的部分，这将减少跑步带下杂质的堆积。保持运动鞋的干净，避免把异物携带进跑步带下，磨损跑步板和跑步带。跑步带表面须用沾肥皂的湿布擦洗，请注意不要使水溅到电气元件上和跑步带下面。

本机使用大约3个月后，需要清扫一下机台，使用十字开口扳手工具打开马达盖，用小刷子把控制器上的灰尘、电机上的灰尘、小皮带灰尘仔细清扫干净。

注意：一定不要碰坏电器元件及弄断控制线。

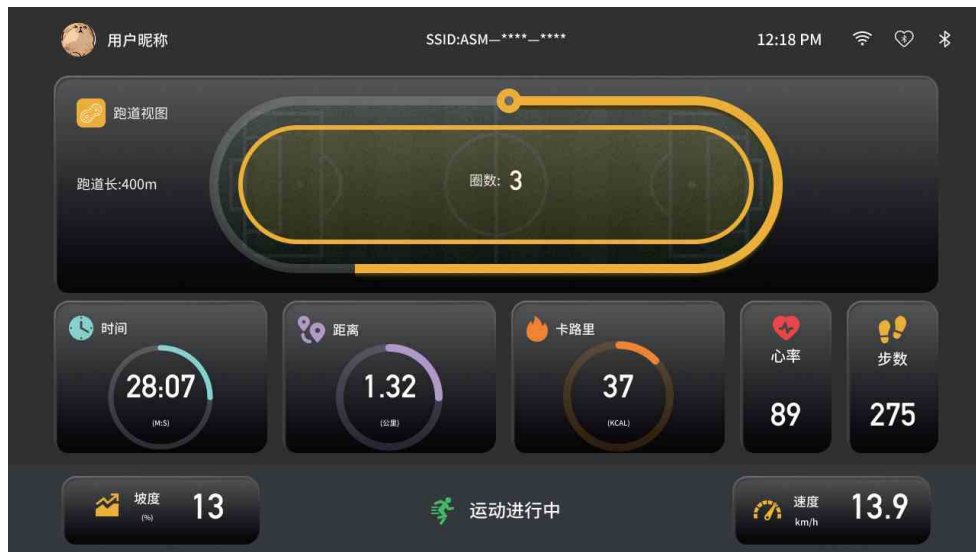
电子表使用说明



主界面功能使用介绍

1. **快速启动**：按下中控按键 ，或操作旋钮选中主界面Quick Start图标后开始运动。
2. **程序模式**：操作旋钮选中主界面程序模式图标，进入预设程序选择界面，可从10种预设程序中选择1种开始运动。
3. **目标模式**：操作旋钮选中主界面目标模式图标，进入目标模式选择界面，可从目标时间、目标距离及目标卡路里中选择1种作为运动目标。再次选中即可对运动目标进行调整，通过旋钮的旋转，选择自己的目标后开始运动。
4. **蓝牙**：操作旋钮选中主界面蓝牙图标，进入蓝牙连接界面，选择目标的蓝牙耳机进行匹配。
5. **设置**：操作旋钮选中主界面设置图标，进入工厂设置界面，可在设置里查看系统版本、连接WiFi、切换语言等(非专业工作人员不得随意修改设置里的参数)。
6. **扫码登录**：使用者可扫码登录、注册自己的账号，每次运动结束后，后台会将运动数据推送到使用者的手机后台。
7. **投屏使用说明**：使用者可扫码查看投屏操作流程。

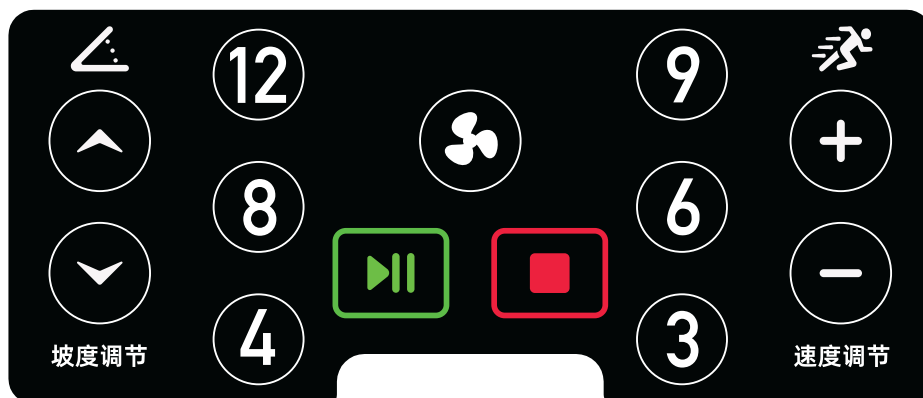
电子表使用说明



运动界面功能介绍

1. **时间**：显示当前运动时间 (M:S)
2. **距离**：显示当前运动距离 (km)
3. **卡路里**：显示使用者当前消耗的卡路里量 (KCAL)
4. **心率**：使用者双手握住手握心跳感应片后，等待3秒左右的时间就能在屏幕上显示出使用者当前心率 (BPM)
5. **步数**：显示使用者运动的步数
6. **坡度**：显示当前坡度 (%) 挡位
7. **速度**：显示当前速度 (km/h) 挡位
8. **SSID码**：SSID码位于运动界面正上方，使用者可在运动界面进行投屏，投屏方式参考电子表下方投屏说明贴纸。投屏前，需查看当前设备对应的SSID码，在手机端选择相同的SSID码进行投屏

中控使用说明



中控按键操作面板介绍

中控左侧按键用于调节跑步机坡度挡位，每次按下坡度加/减按键  可增加/减少1个坡度挡位。右侧按键用于调节跑步机速度挡位，每次按下速度加/减按键  增加/减少0.1km/h，长按增加速度调节速率。

左侧提供4、8、12(%)三个坡度挡位供使用者便捷地选择目标坡度，右侧提供3、6、9(km/h)三个速度挡位供使用者便捷地选择目标速度。

 风扇按键：控制风扇开关，风扇仅在运动状态下开启，按下第一次启动风扇1档，再次按下调节到风扇2档，再次按下关闭风扇。

 启动/暂停按键：待机状态下，按下该按键进入快速启动模式，在运动状态中再次按下该按键进入暂停状态。

 停止按键：运动状态下，按下该按键可缓慢停止运动。

旋钮使用说明



飞梭旋钮使用介绍

顺时针旋转：选择下一个目标

逆时针旋转：选择上一个目标

短按旋钮：确认

长按旋钮：返回上一界面

功能介绍：

- 1. 投屏模式功能：**投屏状态下，旋转旋钮可调节音量大小。短按可隐藏运动数据边框，隐藏数据边框状态下能更好观看投屏视频内容，再次短按恢复运动数据的显示。
- 2. 运动状态显示：**旋钮会在选中目标时显示对应的内容，进入运动状态后循环显示运动的时间和距离数据。

注意：旋钮不能用于控制运动状态下，速度、坡度的调节和跑步机的暂停、停止，请勿频繁或大力按压旋钮，防止其出现损坏。

错误代码说明

错误码	错误说明
E91	低电压跳脱
E92	温度传感器异常
E94	输出过电流
E96	变压器过电压
E98	落地异常
E99	变频器过热
E9A	马达过载异常
E9B	变频器过载异常
E9C	系统过载异常
E9D	马达断线检出
E9E	变频器刹车故障
EB1	Flash程序故障
EB2	EEPROM故障
EB3	低电压显示
EB5	紧急停机显示
EB6	Driver设定错误
E9	高温显示
E11	android串口接收不到按键通信
E12	android串口写出错
E13	android串口无法打开
E79	和变频器通信异常
E80	收不到android通信

保修与维修

室内健身器材保修卡

1. 保修期限

1.1. 以安装验收之日作为保修起始日期，具体保修期限如下。

产品种类		部件名称	保修期限
有氧健身器材	电动跑步机	机台钢架(含立架)	3年
		电器零部件：电机、电子表(不含外壳)、按键、电子表线、控制器、变频器等	1年
		机械零部件：前后轴管、跑板、跑带、电机皮带、液压杆等	6个月
	其他(椭圆机、磁控健身车、健步机、太空漫步机等)	机架钢架	3年
		电气零部件：电子表(不含外壳)、电子表线、磁控装置、阻力电阻等	1年
		机械零部件：阻力旋钮、脚踏、曲柄、中轴、皮带、液压杆等	6个月
力量健身器材		主架及铁件部分	3年
		坐垫、靠垫、滑轮、钢索等	6个月
固定轮或无飞轮健身车(动感单车)		主架、扶手部分	1年
		刹车和传动部分：中轴、曲柄、脚踏、惯性轮、链条等	6个月
		坐垫等	
注：设备外壳、塑料件、橡胶件、说明书、皮套、光盘、包装等不在“保修服务”范围内，您可以选择有偿服务。			

保修与维修

- 1.2. 产品自购买之日起七日内，如出现品质问题，允许客户选择退货、换货或维修方式；产品自购买七日后至十五日内，如出现品质问题，允许客户选择换货或维修方式。

2. 服务方式

产品保修期之内免费维修，超过保修期的将收取相应的零部件费用与维修费用。

3. 下列情形不属保修范围内

- 3.1. 超过保修期限的。
- 3.2. 无法提供产品有效发票或保修凭证(能够证明在保修期内的情况除外)，产品使用型号与发票不符的。
- 3.3. 非公司指定或授权的人员进行安装维修的。
- 3.4. 使用环境不符合产品使用说明书要求或未按照产品使用说明书操作的。
- 3.5. 由人为因素(挤压、撞击、磨损划伤、供电异常、液体粉尘侵蚀)造成故障损坏的。
- 3.6. 由不可抗力(自然灾害、火灾、雷击、生物侵害等)因素造成的故障损坏的。

4. 特别提示

- 4.1. 上述保修条款仅适用于中华人民共和国大陆范围以内(不包括香港、澳门特别行政区和台湾地区)。
- 4.2. 在产品购买时，如果授权经销商向您做出超过本保修卡以外的其他承诺，请您向该经销商索要书面证明，以保证该经销商对额外承诺进行负责，本公司对此不承担责任。

保修与维护记录表

保养记录

[illegible]



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