

INSIGHT

VISION. PASSION. DEDICATION

CHINA'S LEADING FITNESS
EQUIPMENT INNOVATOR AND MANUFACTURER

INSIGHT

- / RAPID RESPONSE
- / ON-DEMAND CUSTOMIZATION
- / FLEXIBLE MANUFACTURING





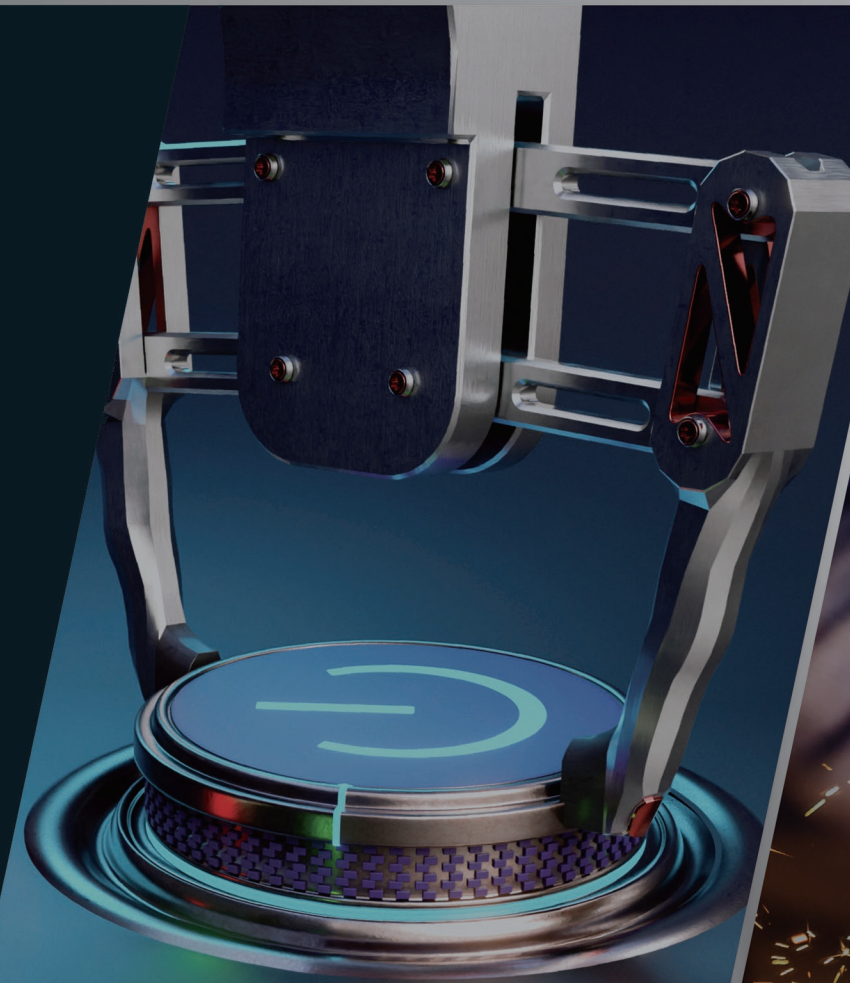
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Founded in 2014 and headquartered in the picturesque coastal city of Qingdao, Shandong Province, China, Insight Fitness is a pioneer in fitness equipment innovation and manufacturing. Our firm commitment to delivering customized OEM/ODM solutions has propelled Insight into the ranks of an internationally recognized, diversified manufacturing powerhouse, marking nearly a decade of unwavering dedication.

Insight's research and development wing, consisting of over 50 seasoned professionals, exceeds industry benchmarks. Working with a workforce of over 600 skilled industrial artisans, we have meticulously cultivated a robust, flexible manufacturing capability capable of handling small-batch, high-frequency, multi-variety production and a myriad of product lines. This capability has fostered robust alliances with over 90 partners in 50 countries, solidifying our status as the preferred partner for emerging brands and the trusted choice for established brands in the global marketplace.

Experience a decade of dedication and excellence with Insight Fitness, where innovation and manufacturing converge to shape the future of fitness equipment.

INSIGHT



**RAPID
RESPONSE**



**ON-DEMAND
CUSTOMIZATION**



**FLEXIBLE
MANUFACTURING**

DR Series

The Insight DR Free Weight Series, a full-size classic commercial free weight training line, features 30 different pieces of equipment. Designed for use with dumbbells and barbells, it offers versatile free weight training options. Ideal for cost-conscious commercial fitness facilities and individual users looking for value.



**DR001
SMITH MACHINE**

Dimension	2047*1822*2127mm
Total Weight	142kg



**DR002
POWER CAGE**

Dimension	1652*1311*2125mm
Total Weight	120kg



**DR003
LEG PRESS/HACK SQUAT**

Dimension	2250*1150*1505mm
Total Weight	150kg



**DR004
FLAT OLYMPIC BENCH**

Dimension	1685*1682*1373mm
Total Weight	74kg



**DR005
INCLINE OLYMPIC BENCH**

Dimension	1675*1670*1373mm
Total Weight	104kg



**DR006
DECLINE OLYMPIC BENCH**

Dimension	2010*1660*1375mm
Total Weight	80kg



**DR008
MUTLI PULL UP/DIP RACK**

Dimension	1240*1090*2135mm
Total Weight	83kg



**DR009
AB BOARD**

Dimension	1077*639*550mm
Total Weight	20kg



**DR010
BACK EXTENSION**

Dimension 1467*846*806mm
Total Weight 42kg



**DR011
SEATED CALF RAISE**

Dimension 2047*1822*2127mm
Total Weight 142kg



**DR012
DUMBBELL RACK**

Dimension 1986*803*725mm
Total Weight 58kg



**DR014
FLAT BENCH**

Dimension 1368*635*458mm
Total Weight 20kg



**DR021
WEIGHT PLATE TREE**

Dimension 1043*618*1168mm
Total Weight 35kg



**DR024
FIXED UPRIGHT BENCH**

Dimension 1212*638*940mm
Total Weight 20kg



**DR025
MULTI AB BENCH**

Dimension 1825*784*889mm
Total Weight 48kg



**DR027
DUMBBELL RACK**

Dimension 1980*864*1042mm
Total Weight 80kg



**DR016
ADJUSTABLE BENCH**

Dimension 1415*776*467mm
Total Weight 34kg



**DR018
STRETCH BENCH**

Dimension 1220*572*1000mm
Total Weight 35kg



**DR019
AB CRUNCH BENCH**

Dimension 1750*936*1065mm
Total Weight 52kg



**DR020
PREACHER BENCH**

Dimension 955*803*882mm
Total Weight 42kg



**DR028
SQUAT RACK**

Dimension 1968*1636*1965mm
Total Weight 135kg



**DR029
SHOULDER PRESS**

Dimension 1658*1540*1825mm
Total Weight 87kg



**DR030
SMITH MACHINE**

Dimension 2251*1177*2218mm
Total Weight 189kg



**DR031
BARBELL RACK**

Dimension 964*918*1630mm
Total Weight 68kg



DR032
DUMBBELL RACK

Dimension 2543*698*730mm
Total Weight 87kg



DR034
ADJUSTABLE BENCH

Dimension 1504*599*1342mm
Total Weight 46kg



DR037
T-ARM MACHINE

Dimension 2010*1660*1375mm
Total Weight 80kg



DR038
SISSY SQUAT

Dimension 1076*728*470mm
Total Weight 33kg



DR040
BULGARIAN SPLIT SQUAT

Dimension 636*591*470mm
Total Weight 22kg



DR041
HIP THRUST BENCH

Dimension 1956*1040*510mm
Total Weight 94kg



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