

INSIGHT

VISION. PASSION. DEDICATION

CHINA'S LEADING FITNESS
EQUIPMENT INNOVATOR AND MANUFACTURER

INSIGHT

- / RAPID RESPONSE
- / ON-DEMAND CUSTOMIZATION
- / FLEXIBLE MANUFACTURING





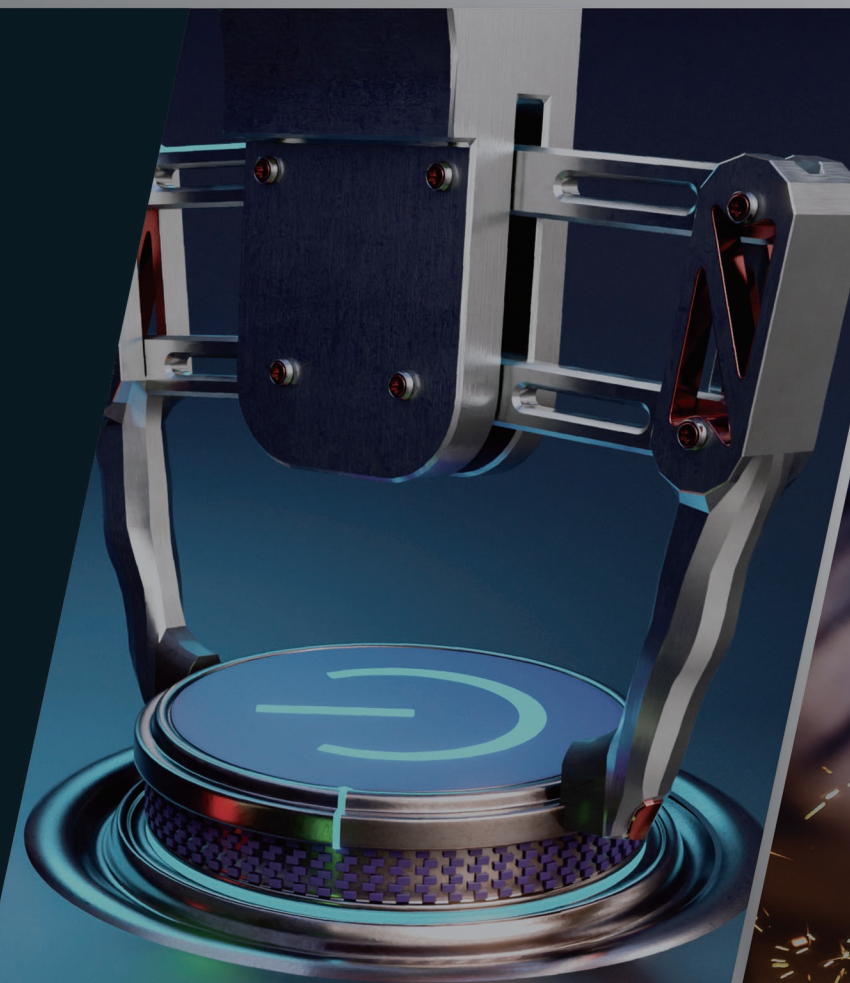
CHINA'S LEADING FITNESS EQUIPMENT INNOVATOR AND MANUFACTURER

Founded in 2014 and headquartered in the picturesque coastal city of Qingdao, Shandong Province, China, Insight Fitness is a pioneer in fitness equipment innovation and manufacturing. Our firm commitment to delivering customized OEM/ODM solutions has propelled Insight into the ranks of an internationally recognized, diversified manufacturing powerhouse, marking nearly a decade of unwavering dedication.

Insight's research and development wing, consisting of over 50 seasoned professionals, exceeds industry benchmarks. Working with a workforce of over 600 skilled industrial artisans, we have meticulously cultivated a robust, flexible manufacturing capability capable of handling small-batch, high-frequency, multi-variety production and a myriad of product lines. This capability has fostered robust alliances with over 90 partners in 50 countries, solidifying our status as the preferred partner for emerging brands and the trusted choice for established brands in the global marketplace.

Experience a decade of dedication and excellence with Insight Fitness, where innovation and manufacturing converge to shape the future of fitness equipment.

INSIGHT



**RAPID
RESPONSE**



**ON-DEMAND
CUSTOMIZATION**



**FLEXIBLE
MANUFACTURING**

DA
Series

The Insight DA Series offers a robust selection of nearly 40 commercial selectorized strength machines, catering to all training needs. With solid construction, precision pulleys, and durable seats, it ensures a safe and effective workout. The DA Series is the cost-effective choice for corporate, hotel and college fitness facilities.



DA001
CHEST PRESS

Dimension	1320*953*1575mm
Total Weight	204kg
Weight Stack	100kg
Max Weight Stack	125kg



DA002
PECTORAL

Dimension	1452*877*1575mm
Total Weight	237kg
Weight Stack	100kg
Max Weight Stack	125kg



DA003
PECTORAL FLY/REAR DELTOID

Dimension	1560*1300*2020mm
Total Weight	236kg
Weight Stack	100kg
Max Weight Stack	125kg



DA004
SHOULDER PRESS

Dimension	1481*1406*1575mm
Total Weight	232kg
Weight Stack	100kg
Max Weight Stack	125kg



DA005
SEATED ROW

Dimension	1372*1268*1575mm
Total Weight	206kg
Weight Stack	100kg
Max Weight Stack	125kg



DA006
BICEPS CURL

Dimension	1180*1073*1575mm
Total Weight	205kg
Weight Stack	100kg
Max Weight Stack	125kg



DA007
DIP PRESS

Dimension	1643*1226*1575mm
Total Weight	243kg
Weight Stack	100kg
Max Weight Stack	125kg



DA008
ASSISTED CHIN/DIP

Dimension	1712*1203*2135mm
Total Weight	284kg
Weight Stack	100kg
Max Weight Stack	125kg



DA009
ABDOMINAL/BACK EXTENSION

Dimension	1063*1084*1575mm
Total Weight	255kg
Weight Stack	100kg
Max Weight Stack	125kg



DA010
ROTARY TORSO

Dimension	1105*1037*1575mm
Total Weight	243kg
Weight Stack	100kg
Max Weight Stack	125kg



DA011
LAT PULLDOWN

Dimension	1641*1394*1913mm
Total Weight	256kg
Weight Stack	100kg
Max Weight Stack	125kg



DA012
CABLE SEATED ROW

Dimension	1451*1117*1775mm
Total Weight	200kg
Weight Stack	100kg
Max Weight Stack	125kg



DA017
MULTI HIP

Dimension	1299*1170*1575mm
Total Weight	228kg
Weight Stack	100kg
Max Weight Stack	125kg



DA019
CALF RAISE

Dimension	1207*1110*1628mm
Total Weight	222kg
Weight Stack	100kg
Max Weight Stack	125kg



DA020
HIP ABDUCTION/ADDUCTION

Dimension	1668*1045*1575mm
Total Weight	223kg
Weight Stack	100kg
Max Weight Stack	125kg



DA021
DUAL ADJUSTABLE PULLEY

Dimension	2173*861*2342mm
Total Weight	396kg
Weight Stack	100*2kg
Max Weight Stack	125*2kg



DA013
LEG CURL

Dimension	1589*1081*1575mm
Total Weight	253kg
Weight Stack	100kg
Max Weight Stack	125kg



DA014
LEG EXTENSION

Dimension	1262*1211*1575mm
Total Weight	243kg
Weight Stack	100kg
Max Weight Stack	125kg



DA015
PRONE LEG CURL

Dimension	1754*1168*1575mm
Total Weight	247kg
Weight Stack	100kg
Max Weight Stack	125kg



DA016
SEATED LEG PRESS

Dimension	1203*1919*1575mm
Total Weight	263kg
Weight Stack	100kg
Max Weight Stack	125kg



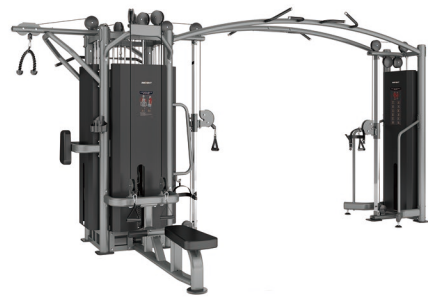
DA022
CROSSOVER CABLES

Dimension	4145*990*2371mm
Total Weight	431kg
Weight Stack	100*2kg
Max Weight Stack	125*2kg



DA023
4 STACK MULTI-STATION

Dimension	3350*2098*2329mm
Total Weight	740kg
Weight Stack	100*4kg
Max Weight Stack	125*4kg



DA023+SA024+SA023OPT
5 STACK MULTI-STATION

Dimension	5065*3350*2463mm
Total Weight	931kg
Weight Stack	100*5kg
Max Weight Stack	125*5kg



DA023+DA023+SA023OPT
8 STACK MULTI-STATION

Dimension	6228*4007*2463mm
Total Weight	1367kg
Weight Stack	100*8kg
Max Weight Stack	125*8kg



DA024
ADJUSTABLE PULLEY

Dimension	1110*1000*2246mm
Total Weight	221kg
Weight Stack	100kg
Max Weight Stack	125kg



DA025
LEG CURL/EXTENSION

Dimension	1383*1174*1575mm
Total Weight	262kg
Weight Stack	100kg
Max Weight Stack	125kg



DA026
LAT PULLDOWN/SEATED ROW

Dimension	2034*1208*2239mm
Total Weight	220kg
Weight Stack	100kg
Max Weight Stack	125kg



DA027
ABDOMINAL CRUNCH

Dimension	1355*1062*1575mm
Total Weight	250kg
Weight Stack	100kg
Max Weight Stack	125kg



DA036
STANDING/SEATED ABDUCTION

Dimension	1159*1131*1575mm
Total Weight	225kg
Weight Stack	100kg
Max Weight Stack	125kg



DA037
LEG CURL/EXTENSION

Dimension	1325*1090*1575mm
Total Weight	254kg
Weight Stack	100kg
Max Weight Stack	125kg



DA040
LEG PRESS/HACK SQUAT

Dimension	1982*1024*1800mm
Total Weight	352.5kg
Weight Stack	125kg
Max Weight Stack	125kg



DA044
BICEPS/TRICEPS

Dimension	1344*1102*1572mm
Total Weight	212.7kg
Weight Stack	100kg
Max Weight Stack	100kg



DA029
MULTI PRESS

Dimension	1948*1496*1575mm
Total Weight	260kg
Weight Stack	100kg
Max Weight Stack	125kg



DA031
LEG EXTENSION/PRONE LEG CURL

Dimension	1567*1136*1575mm
Total Weight	223kg
Weight Stack	100kg
Max Weight Stack	125kg



DA032
REAR KICK

Dimension	1487*1143*1575mm
Total Weight	221kg
Weight Stack	100kg
Max Weight Stack	125kg



DA034
LATERAL RAISE

Dimension	1159*1131*1575mm
Total Weight	200kg
Weight Stack	100kg
Max Weight Stack	125kg



DA045
HIP THRUSTER

Dimension	1353*2683*1576mm
Total Weight	218kg
Weight Stack	100kg
Max Weight Stack	125kg



ADDRESS NO. 106 ZHAOJIALING VILLAGE, TONGJI OFFICE, JIMO, QINGDAO, CHINA
TEL + 86 [0]532 88970106
WEB WWW.INSIGHTFITS.COM
E-MAIL SALES@INSIGHTFITS.COM

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