

INSIGHT

VISION. PASSION. DEDICATION

CHINA'S LEADING FITNESS
EQUIPMENT INNOVATOR AND MANUFACTURER

INSIGHT

- / RAPID RESPONSE
- / ON-DEMAND CUSTOMIZATION
- / FLEXIBLE MANUFACTURING





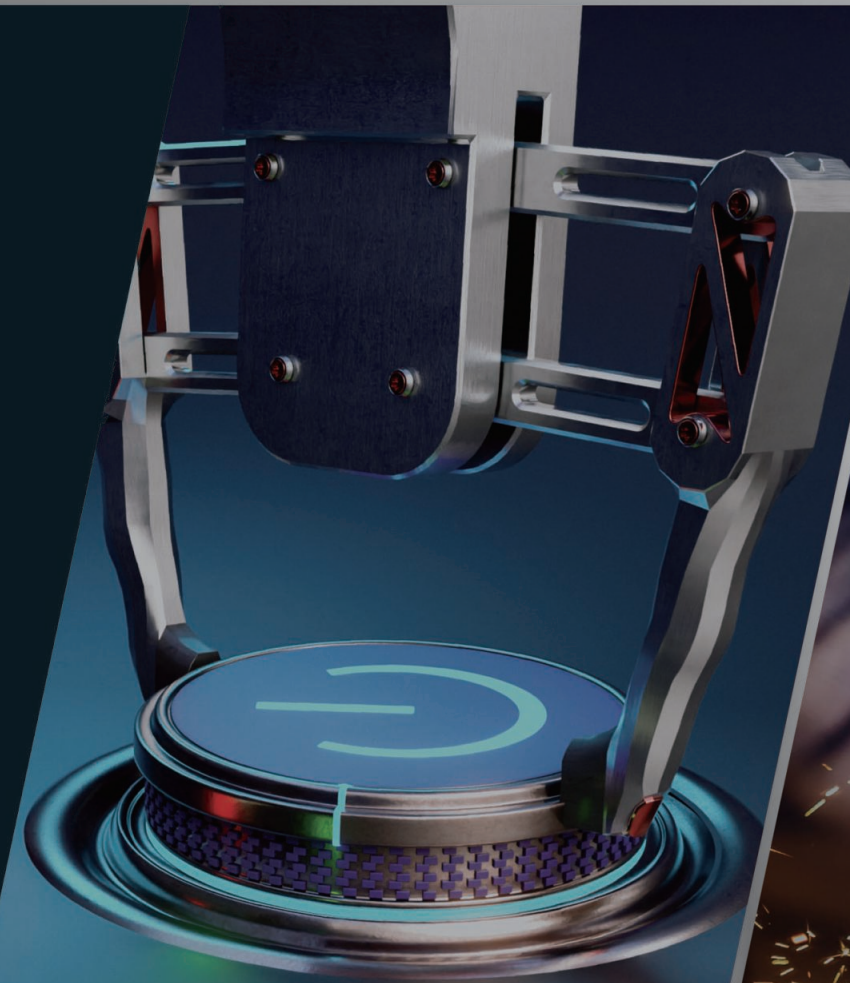
CHINA'S LEADING FITNESS EQUIPMENT INNOVATOR AND MANUFACTURER

Founded in 2014 and headquartered in the picturesque coastal city of Qingdao, Shandong Province, China, Insight Fitness is a pioneer in fitness equipment innovation and manufacturing. Our firm commitment to delivering customized OEM/ODM solutions has propelled Insight into the ranks of an internationally recognized, diversified manufacturing powerhouse, marking nearly a decade of unwavering dedication.

Insight's research and development wing, consisting of over 50 seasoned professionals, exceeds industry benchmarks. Working with a workforce of over 600 skilled industrial artisans, we have meticulously cultivated a robust, flexible manufacturing capability capable of handling small-batch, high-frequency, multi-variety production and a myriad of product lines. This capability has fostered robust alliances with over 90 partners in 50 countries, solidifying our status as the preferred partner for emerging brands and the trusted choice for established brands in the global marketplace.

Experience a decade of dedication and excellence with Insight Fitness, where innovation and manufacturing converge to shape the future of fitness equipment.

INSIGHT



**RAPID
RESPONSE**



**ON-DEMAND
CUSTOMIZATION**

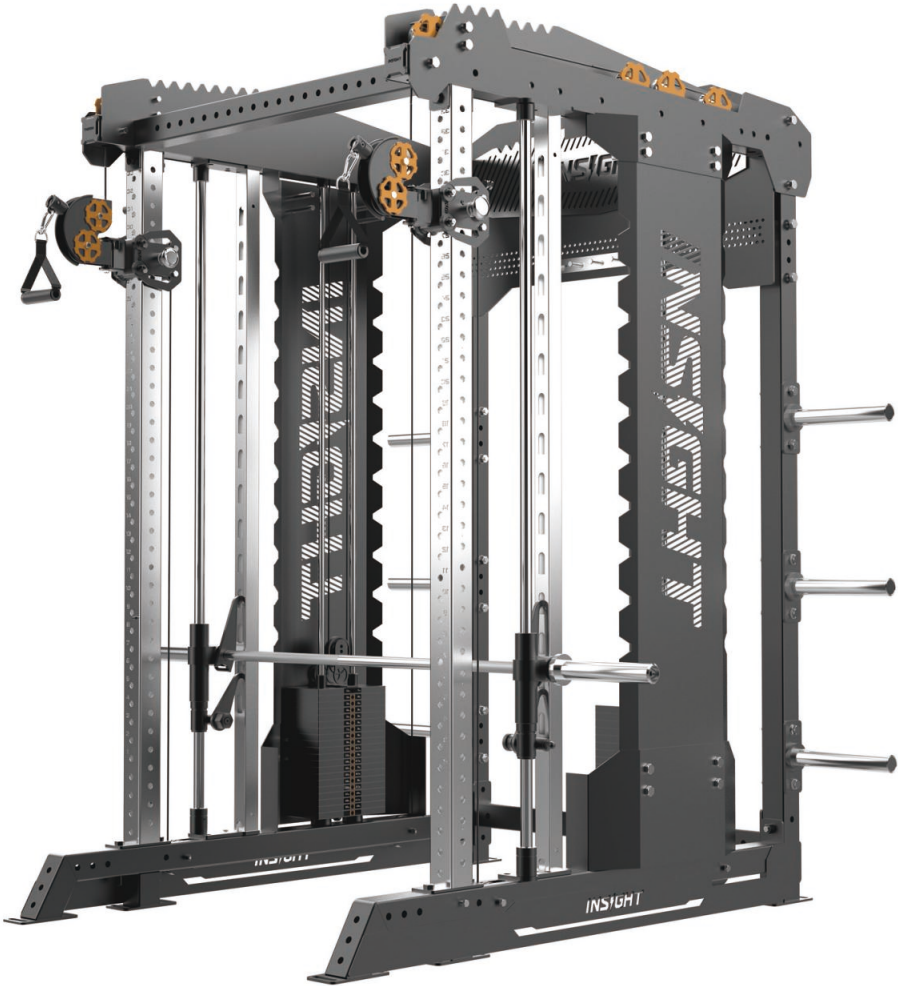


**FLEXIBLE
MANUFACTURING**

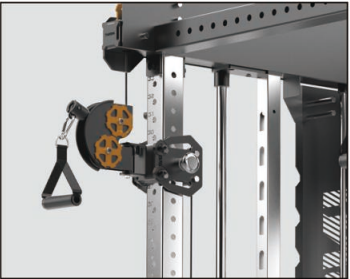
FT
Series

The Insight FT Functional Trainer is a robust professional training equipment. It innovatively combines a power rack, Smith machine, and cable crossover in one, supplemented with various functional accessories. This single piece of equipment meets all training needs, making it perfect for professional individual users, commercial gym personal training areas, and private studios.

FT001 MULTIGYM



Equipment Model	FT001	
Dimension	1980*1840*2325 (mm)	
Total Weight	545kg	
Weight Stack	105kg*2	
Max Weight Stack	105kg*2	
Main Function	Dual Adjustable Pulleys	Landmine
	Smith Station	Band Pegs
	FreeWeight Rack	Battle Rope Kits
Accessories (option)	J Hooks	Massage Attachment
	Leg Holder	Tricep Rope
	Slant Board For Squat	Long Bar
	Multifunctional Seat	Short Bar
	Safety Spotter Arms	V Handle
	Multifunctional Chin-up Bar	2 Single Handles
	Dip Bar	LAT Bar
	Leg Extension And Curl Attachment	Ankle Cuff
	Jammer Arms	



With 32 adjustable positions at 1.9in intervals, the maximum height reaches 77in, and the minimum height is 15.9in, offering versatility for various training preferences.



The unit features dual-side dual-pin adjustments with 15 height options, spaced 3.9in apart, with the highest setting at 75.3in from the ground and the lowest at 20in, allowing for a wide range of workout positions.

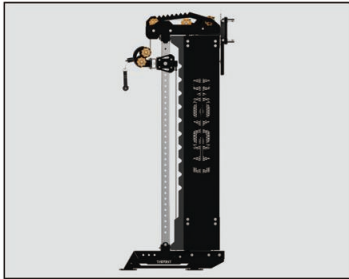
FT002 WALL-MOUNTED FUNCTION TRAINER



Equipment Model	FT002	
Dimension	965*1475*2325 (mm)	
Total Weight	450kg	
Weight Stack	100kg*2	
Max Weight Stack	100kg*2	
Main Function	Dual Adjustable Pulleys	
	Horizontal Bar	
Accessories (option)	Landmine Attachment	Muscle Release Attachment
	Battle Rope Fixing Hook Attachment	Leg Extension And Curl Attachment
	Barbell Placement Rack Attachment	Adjustable Training Pad Attachment
	Safety Spotter Arms	Strength Lift J-hook Attachment
	J Hooks	
	Rowing Pedal Attachment	
	Leg Compression Attachment	
	Waist Belt Squat Attachment	
	Comprehensive Training Arm Attachment	
	Parallel Bar Attachment	
	Adjustable Parallel Bar Attachment	



With 32 adjustable positions at 1.9in intervals, the maximum height reaches 77in, and the minimum height is 15.9in, offering versatility for various training preferences.



Wall-mounted function trainer, designed to be more compact and fixed on walls or corners, saving a lot of floor space; Effectively reducing training risks, users are safer during high-intensity training.

FT001/FT002 OPTIONAL ACCESSORIES



FT-OPT01
LANDMINE ATTACHMENT



FT-OPT02
BATTLING ROPE FIXATION



FT-OPT03
BARBELL BAR STORAGE



FT-OPT04
SAFETY SPOTTER ARMS



FT-OPT05
J-HOOK



FT-OPT06
CHIN-UP BAR



FT-OPT07
CHIN-UP BAR



FT-OPT08
ROW BOARD



FT-OPT09
LEG HOLDER ATTACHMENT



FT-OPT10
BELT SQUAT



FT-OPT11
JAMMER ARMS ATTACHMENT



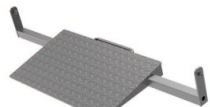
FT-OPT12
DIP BAR ATTACHMENT



FT-OPT13
ADJUSTABLE DIP BAR ATTACHMENT



FT-OPT14
MASSAGE ATTACHMENT



FT-OPT15
SQUAT BOARD



FT-OPT16
LEG EXTENSION AND CURL ATTACHMENT



FT-OPT17
ADJUSTABLE TRAINING SEAT



FT-OPT18
POWER J-HOOK

RR-FW-107 SAFTY FLAT PRESS BENCH



Equipment Model	RR-FW-107
Dimension	1835*1700*1340(mm)
Total Weight	128kg
Maximum Training Load	300kg
Maximum Human Body	200kg

Product Features
1.Dual-position support: Five-position support accommodates users of different heights
2.Open design: The open-style main frame design makes exercise more effective and safe
3.Power J-hook: An advanced J-hook specifically designed for powerlifting, equipped with nylon rollers
4.Safety bar: A five-position adjustable safety bar with a height range of 0-125mm. Adjustable safety protection bars on both sides allow for multiple training positions, enhancing training safety

RR-FW-108 SAFTY INCLINE PRESS BENCH



Equipment Model	RR-FW-108
Dimension	1880*1700*1540(mm)
Total Weight	165kg
Maximum Training Load	300kg
Maximum Human Body	200kg

Product Features
1.Dual-position support: Five-position support accommodates users of different heights
2.Open design: The open-style main frame design makes exercise more effective and safe
3.Power J-hook: An advanced J-hook specifically designed for powerlifting, equipped with nylon rollers
4.Safety bar: A five-position adjustable safety bar with a height range of 0-125mm. Adjustable safety protection bars on both sides allow for multiple training positions, enhancing training safety

RR-FW-109 SAFTY DECLINE PRESS BENCH



Equipment Model	RR-FW-109
Dimension	2060*1700*134{mm}
Total Weight	148kg
Maximum Training Load	300kg
Maximum Human Body	200kg

Product Features
1.Dual-position support: Five-position support accommodates users of different heights
2.Open design: The open-style main frame design makes exercise more effective and safe
3.Power J-hook: An advanced J-hook specifically designed for powerlifting, equipped with nylon rollers
4.Safety bar: A five-position adjustable safety bar with a height range of 0-125mm. Adjustable safety protection bars on both sides allow for multiple training positions, enhancing training safety



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